

# Lay Down and Dance

COPPERKNOB  
BY STEPHEN HETS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Randy Pelletier (USA) - November 2017  
音樂: Baby Lets Lay Down And Dance - Garth Brooks



Intro: 32 Beats in

## [1-8] □ □ HEEL SWITCHES, STEP, TOUCH, SIDE, TOUCH, KICKBALL CROSS

1 & 2 &      Touch right heel forward, step right next to left, touch left heel forward, step left next to right  
3, 4          Take big step right forward, touch left next to right  
5, 6          Step left to side, touch right next to left  
7 & 8          Kick right foot toward right diagonally, step down on right, cross left over right

## [9 - 16] □ □ ROCK RECOVER, ¼ RIGHT SAILOR, TRAVELING HIP BUMPS LEFT & RIGHT

1 - 2          Rock right to side, recover weight to left,  
3 & 4          Cross right behind left, turning ¼ right step left to side, step right to side  
5 & 6          Step left diagonally forward bumping hips LRL  
7 & 8          Step right diagonally forward bumping hips RLR

## [17 - 24] □ ROCK, RECOVER, COASTER, ROCK, RECOVER, ½ RIGHT TURNING SHUFFLE,

1 - 2          Rock left forward, recover weight to right  
3 & 4          Step left back, step right next to left, step left forward  
5, 6          Rock right forward, recover weight to left  
7 & 8          Shuffle ½ turn right stepping right, left, right.

**\*\* (Replace Shuffle 7&8 with ½ turn right stepping right, left on wall 5 and restart dance)**

## [25 - 32] □ LEFT VAUDEVILLE, SYNCOPATED RIGHT WEAVE, CROSSING SHUFFLE,

1 - 2          Step left to side, step right behind left  
&3 & 4          Step left to side, touch right heel forward, step right in place, cross left over right  
5 - 6          Step right to side, step left behind right  
&7 & 8          Step right to side, cross left over right, step right next to left, cross left over right

**\*\* (Restart here on 3rd & 6th wall)**

## [33 - 40] □ ROCK, RECOVER, BEHIND, SIDE, CROSS (RIGHT & LEFT)

1 - 2          Rock right to right side, recover weight to left  
3 & 4          Cross, right behind left, step left to left side, cross right over left  
5 - 6          Rock left to left side, recover weight to right  
7 & 8          Cross, left behind right, step right to right side, stomp left next to right (Slightly forward)

## [41 - 48] SYNCOPATED POINTS R&L, ½ TURN RIGHT MONTEREY, KICK BALL CHANGE

1 & 2 &          Point right to side, step right next to left, point left to side, step left next to right  
3 - 4          Touch right toe to right side, turn ½ right stepping right next to left  
5 - 6          Touch left toe to left side, step left next to right (Weighted)  
7 & 8          Kick right forward; step right next to left, step left forward

REPEAT

### #3 RESTARTS

On 3th wall Restart dance after count 32, You will be facing 3 O'clock when the restart occurs

On 5th wall Replace Shuffle 23&24 with ½ turn right stepping right, left on wall 5 and restart dance

On 6th wall Restart dance after count 32, You will be facing 12 O'clock when the restart occurs

Last Update - 27th Oct 2016

