

Speedy Mambo EZ

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Betty Lee (CAN) - October 2016
音樂: Speedy Gonzalez - Kumbia All Star



S 1. BACK MAMBO, FWD MAMBO, BACK LOCK BACK, COASTER STEP

1&2 Rock step back R, Recover on L, Step fwd R slightly
3&4 Rock step fwd L, Recover on R, Step back L slightly
5&6 Step back R, Lock step L in front of R, Step back R
7&8 Step back L, Step R together next to L, Step fwd L

S 2. CROSS-SIDE-HEEL, & CROSS SHUFFLE, SIDE ROCK CROSS X 2

1&2 Cross R over L, Step L to side, touch R heel fwd diagonally
&3&4 Ball step R next to L, Cross L over R, Step R to side, Cross L over R
5&6 Rock step R to side, Recover on L, Cross R over L
7&8 Rock step L to side, Recover on R, Cross L over R (12:00)

S3. SIDE, BEHIND, ¼ R, STEP, PIVOT ½ R, ¼ R, BEHIND SIDE CROSS, SHUFFLE ¼ L

1&2 Step R to side, Step L behind R, ¼ R turn step fwd R (3:00)
3&4 Step fwd L, Pivot ½ turn R (wt. onto R), ¼ R step L to side (12:00)
5&6 Step R behind L, Step L to side, Cross R over L
7&8 Step L to side, Step R next to L, ¼ L step fwd L

S4. STEP, PIVOT ¼ L, CROSS, SIDE MAMBO, TOUCH, STEP LOCK STEP X 2

1&2 Step fwd R, pivot ¼ L turn (wt. onto L), Cross R over L (6:00)
3&4 Rock step L to side, Recover on R, Step L next to R
5&6& Touch R next to L (5), Step R diagonally fwd (&), Lock step L behind R (6), Step fwd R (&)
(7:30)
7&8 Step L fwd diagonally (7), Lock step R behind L (&) (4:30), Step L next to R, (squaring up to
6:00)

REPEAT

Tag & Restart: On W2, W5, W7, after 16 counts, add 4 count tag and restart new wall

1-2 ¼ R step fwd R, Step fwd L
3-4 ¼ R step R to R side, Step L next to R

This is an easier version of Rep Ghazali's Speedy Mambo which is one of my favourite dances by him.