

One Woman Man

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Marie Louw (SA) - October 2016
音樂: One Woman Man - Josh Turner



INTRO: 32 COUNTS

S1: RIGHT CHASSÉ, LEFT BACK ROCK. LEFT SIDE TOE STRUTS, CROSS TOE STRUTS

1&2 Step right to right side, step left next to right, step right to right side
3-4 Step left back, recover on right.
5-8 Toe struts to left side, cross right over left and toe struts to left

S2: LEFT CHASSÉ, RIGHT BACK ROCK, RIGHT SIDE TO STRUT, CROSS TO STRUT.

1&2 Step left to left side, step right next to left, step left
3-4 Step right back, recover on left
5-8 Toe strut to right side, cross left over right and toe strut to right.

S3: RIGHT FORWARD ROCKING CHAIR, STEP RIGHT FORWARD, ½ PIVOT TURN LEFT, STEP RIGHT FORWARD HOLD (CLAP HANDS)

1-4 Step right forward recover on left, step right back recover on left
5-8 Step right forward ½ pivot turn to left, step right forward, hold(clap hands)

S4: LEFT FORWARD ROCKING CHAIR, STEP LEFT FORWARD, ½ PIVOT TURN RIGHT, STEP LEFT FORWARD HOLD (CLAP HANDS)

1-4 Step left forward recover on right, step left back recover on right
5-8 Step left forward ½ pivot turn right, step left forward, hold (clap hands)

S5: RIGHT HEEL, TOE , HEEL, STEP BACK ON RIGHT, TAP LEFT TOE 2X, STEP LEFT FORWARD, SCUFF RIGHT HEEL FORWARD

1-4 Right heel forward ,right toe tap next to left, right heel forward, step back on right
5-8 Left toe tap 2x behind right, step left forward, scuff right forward.

S6: TOE STRUTS JAZZBOX CROSS, ¼ TURN RIGHT

1-8 Cross right over left toe heel, ¼ right step back on left toe heel, step right to right, Toe heel,
Cross left over right toe heel.

Happy Dancing

Contact: louw@truewan.co.za