

One Shining Moment

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Ayu Permana (INA) - October 2016
音樂: One Shining Moment - DJ Marc – Rumba Music



SESSION 1. SIDE – RECOVER – TOGETHER – HOLD – ROLLING VINE – HOLD (12.00)

1-2-3-4 Step/rock R to right side – Recover on L – Step R next to L – Hold
5-6-7-8 Turn ¼ left, step on L (9) – Turn ¼ left, step R to right side (6) – Turn ½ left, step L to left side(12) – Hold

Optional: Step L to left side – Step R next to L – Step L to left side – Hold

SESSION 2. CROSS – RECOVER – ¼ TURN – HOLD – ½ RUMBA BOX – HOLD (03.00)

1-2-3-4 Cross/rock R over L – Recover on L – Turn ¼ right, step R forward (3) – Hold
5-6-7-8 Step L to left side – Step R next to L – Step L forward – Hold

SESSION 3. ¼ TURN – RECOVER – ¼ TURN – HOLD – ¼ TURN – ½ TURN – FORWARD – HOLD (12.00)

1-2-3-4 Turn ¼ left, step R forward (12) – Recover on L – Turn ¼ right, step R to right side (3) – Hold
5-6-7-8 Turn ¼ right, step L forward (6) – Turn ½ right, stepping on R (12) – Step L forward – Hold

SESSION 4. FORWARD – RECOVER – BACK – HOLD – WALK MAKING ¾ TURN – HOLD (03.00)

1-2-3-4 Step R forward in front of L – Recover on L – Long step R backward – Hold
5-6-7-8 Walk around L – R – L to the left making ¾ circle to face (3) – Hold

REPEAT

**TAGS: There are two Tags, after wall 4 and 8 (facing 12.00 respectively) .. Please do as follows:
(RIGHT & LEFT) SIDE, RECOVER, FORWARD, HOLD (12.00)**

1-2-3-4 Step/rock R to right side – Recover on L – Step R in front of L – Hold
5-6-7-8 Step/rock L to left side – Recover on R – Step L in front of R – Hold

FORWARD, ¼ TURN, FORWARD, HOLD, FORWARD, ¼ TURN, CROSS, HOLD (12.00)

1-2-3-4 Step R forward – Turn ¼ left, stepping on L (9) – Step R forward - Hold
5-6-7-8 Step L forward – Turn ¼ right, stepping on R (12.00) – Cross L over R – Hold

SIDE, RECOVER, BACK, RECOVER (12.00)

1-2-3-4 Step/rock R to side – Recover on L – Step/rock R behind L – Recover on L

ENJOY AND HAPPY DANCING

Contact: permanaayu@yahoo.com □