

Baby Now!

拍數: 32 牆數: 2 級數: Beginner
編舞者: Gabby Parker (SA) - August 2016
音樂: Thinking Out Loud - Ed Sheeran



Section 1: Back , back , L shuffle, back rock R shuffle

1 2 Step back on L, Step back on R
3&4 Step back on L, step R next L, step L back
5 6 Rock back onto R, recover onto L
7&8 Step forward onto R, step L next to R, step R fwd

Section 2: Quarter turn R, cross shuffle, side rock, behind side cross

1 2 Step L forward, turn ¼ turn R (weight on R foot)
3&4 Cross L over R, step R to R, cross L over R
5 6 Step R to R, recover onto L
7&8 Step L behind R, step L to L, cross R over L

Section 3: Step quarter turn X 2, step point X2

1 2 Step L forward, turn ¼ turn R (weight on R foot)
3 4 Step L forward, turn ¼ turn R (weight on R foot)
5 6 Step L forward, point R to R side
7 8 Step R forward, point L to L side

Section 4: Rock recover, coaster step X 2

1 2 Rock Forward onto L, recover onto R
3&4 Step L back, step R next to L, step L forward
5 6 Rock forward onto R, recover onto L
7&8 Step R back, step L next to R, step R forward

Tag: At end of walls 3 facing 6 o'clock, 7 facing 12 o'clock

End of dance wall 9 facing 6 o'clock, repeat Tag 3 times

Tag: Monterey quarter turns

1 2 Step L, point R
3 4 Turn ¼ R placing R next to L, point L to L
5 6 Step L next to R, point R to R
7 8 Turn ¼ R placing R next to L, point L to L

This dance has been choreographed at the request of beginner dancers who belong to a women's support group (Mountview Achievers) in Hanover Park, Cape Town, South Africa.

I found that the beginners were struggling with the Monterey turns for the tag and therefore changed the Tag. The original Tag can be used as an option should the instructors wish to do it that way.

NEW TAG End of walls 3 & 7

Step Point X 2, Walk L,R,L,R Making Half Turn

1-4 Step L fwd, point R to right, step R fwd, point L to left
5-8 Walk fwd L turning 1/8 right, walk R turning 1/8 right, walk L turning 1/8 right, walk R turning 1/8 right R to complete half turn.

After Wall 9, 3 tags but 3rd tag is as follows to end the dance

Step Point X 2 , Cross Unwind

1-4 Step L fwd, point R to right, step R fwd, point L to left

5-8 Step L fwd, cross R over L, make half turn left and hold!

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