

Alabama

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Robbie Carrington (USA) - September 2016
音樂: Sweet Home Alabama - Lynyrd Skynyrd



Start On 32 Count Just Before vocals

[1 - 8] RIGHT ROCK ACROSS, RECOVER, CHA, LEFT ROCK ACROSS, RECOVER, CHA

1 - 2 Cross right over left, Recover left
3 & 4 Side cha (right, left, right)
5 - 6 Cross left over right, Recover right
7 & 8 Side cha (left, right, left)

[9-16] CHA BOX

1 - 2 Right to Right, Close left to right
3 & 4 Back Cha (left, right, left)
5 - 6 Left to left, Close right to left
7 & 8 Forward Cha (left, right, left)

[17-24] ROCK FORWARD, RECOVER, BACK CHA, ROCK BACK, RECOVER, FORWARD CHA

1 - 2 Rock forward right, Recover left
3 & 4 Back cha (right, left right)
5 - 6 Rock back left, Recover right
7 & 8 Forward cha (left, right, left)

[25-32] RIGHT SUGAR FOOT, CHA, LEFT SUGAR FOOT, CHA TURNING ¼ LEFT

1 - 2 Touch right toe at arch of left foot, Touch right heel at arch of left foot
3 & 4 Cha in place (right, left, right)
5 - 6 Touch left toe at arch of right foot, Touch left heel at arch of right foot
7 & 8 Cha turning ¼ left (left, right, left)

Start Over

Contact: Submitted by Diane Ellis: dchwt@yahoo.com

Last Update – 9th Nov 2016