More Than Amigos

級數: Easy Intermediate

編舞者: Maria Hennings Hunt (UK) - October 2016

音樂: More Than Amigos - Jesse & Joy

拍數: 64

S1: SIDE CLOSE, SHUFFLE FORWARD, SIDE CLOSE SHUFFLE FORWARDS

- 1-2 Step LEFT foot (LF) to side, close RIGHT foot (RF) to LF
- Step LF forward, close RF to LF, step LF forward 3&4
- 5-6 Step RF to side, close LF to RF
- 7&8 Step RF forwards, close LF to LR, step RF forwards (12:00)

S2: FORWARD ROCK, BACK LOCK STEP, BACK ROCK, BACK ROCK

- 1-2 Rock forward on LF, recover weight RF
- 3&4 Step back LF, lock RF across LF, step LF back
- 5-6 Rock back on RF, recover LF
- 7-8 Rock back on RF, recover LF (12:00)

S3: STEP ½ TURN, LOCK STEP FORWARDS, FULL TURN, SHUFFLE FORWARD

- Step forward on RF, pivot 1/2 turn left (weight on LF) 1-2
- 3&4 Step RF forward, lock LF behind RF, step RF forwards
- 5-6 Turning ¹/₂ right, step LF back, turning ¹/₂ right, step RF forwards (or walk, walk)
- 7-8 Step LF fwd, close RF to RF, step LF forwards (6:00)

S4: ROCK FORWARD, R BACK LOCK, L BACK LOCK, R BACK LOCK

- 1-2 Rock forward on RF, recover weight LF
- 3&4 Step back on RF, lock LF across in front of RF, step back RF
- Step back on LF, lock RF in front of LF, step back LF 5&6
- Step back on RF, lock LF across in front of RF, step back RF (6:00) 7&8

S5: BACK ROCK, STEP ¼, CROSS, SIDE, BEHIND, POINT (OPTIONAL FLICK!)

- Rock back LF, recover RF 1-2
- 3-4 Step LF forward, turn 1/4 right (weight on RF)
- 5-8 Cross LF over RF, step RF to side, step LF behind RF, point RF to side (or flick RF) (9:00)

S6: CROSS SIDE, BEHIND, ¼ TURN, STEP ½ TURN, SHUFFLE FORWARDS

- 1-4 Cross RF over LF, step LF to side, cross RF behind LF, step LF 1/4 turn (6:00)
- 5-6 Step forward on RF, pivot ¹/₂ turn left (weight LF)
- Step RF forward, close LF to RF, step RF forwards (12:00) 7&8

*** RESTART HERE WALL ONE (12:00) & WALL FIVE (6:00) ***

S7: STEP 1/4 TURN, CROSS SHUFFLE, SIDE ROCK, R SAILOR STEP

- Step LF forward, turn 1/4 right (weight RF) 1-2
- 3&4 Cross LF over RF, step RF to side, cross LF over RF
- 5-6 Rock RF to side, recover weight LF
- Sweep RF behind LF, rock LF to side, recover weight RF (3:00) 7&8

S8: L SAILOR STEP, CROSS ROCK, SIDE ROCK, ¼ TURN JAZZ BOX, TOUCH

- 1&2 Sweep LF behind RF, step RF to side, recover weight LF
- Rock RF over left, recover weight LF, rock RF to side, recover weight LF 3&4&
- Cross RF over LF, step LF back, step RF 1/4 right, touch LF next to RF (6:00) 5-8





牆數:2

REPEAT

Contact: www.dancegeneration.co.uk - 078 118 23467