

No More Tears

拍數: 32 牆數: 4 級數: Improver
編舞者: Robert Lindsay (UK) - October 2016
音樂: Dry Your Eyes - Texas : (Album: The Conversation)



Intro – 4 Counts (2 seconds)

Section 1: Step Forward, Touch, Kick Ball Cross, Side, Together, Rock & Cross

1-2 Step right foot forward. Touch left to right.
3&4 Kick left forward. Step left beside right. Step right over left.
5-6 Step left to left side. Step right beside left.
7&8 Rock left to left. Recover weight onto right. Step left over right. □(12)

Section 2: Side, Slide Together, Turning Coaster Step, Step Pivot ½ Turn, Shuffle ½ Turn

1-2 Taking big step to the right with right, slide left to right, keeping the weight on right.
3&4 Step left behind right. Step right beside left. Turning ¼ turn left, step forward on left. (9)
5-6 Step forward on right. Pivot ½ turn left. (3)
7&8 Turning ½ turn left, triple step right, left , right. (9)

Section 3: Back, Touch, Forward, Touch, & Heel & Step, Right Shuffle Forward

1-2 Step back on left. Touch right to left.
3-4 Step forward on right. Touch left to right.
&5&6 Step back on left. Touch right heel forward. Step right beside left. Step forward on left.
7&8 Step forward on right. Step left beside right. Step forward on right. (9)

Restart here on WALL 3 replacing the shuffle with Walk Forward Right, Left (7,8)

Section 4: Step Forward, Pivot ¼ Turn, Cross Shuffle, Side Rock, Turning ¼ Turn Back Rock

1-2 Step forward on left. Pivot ¼ turn right. (12)
3&4 Cross left over right. Step right to left. Cross left over right.
5-6 Rock right to right side. Recover weight onto left.
7-8 Turing ¼ turn right, rock back onto right. Recover weight onto left. (3)

There is an 8 count TAG at the end of wall 6, facing 12 o'clock.

TAG: Step Touch (Right and Left) Right Kick Ball Change (x2) □□□□

1-2 Step right to right. Touch left to right.
3-4 Step left to left. Touch right to left.
5&6 Kick right foot forward. Step down onto right. Step left beside right.
7&8 Kick right foot forward. Step down onto right. Step left beside right.