

# Well Swung

COPPER KNOB  
BY STEPHEN HETS

拍數: 48      牆數: 4      級數: Improver  
編舞者: Daniel Whittaker (UK) - October 2016  
音樂: In the Mood (feat. Shoowop Shop) - Swing City : (iTunes)



**NOTE: There are TWO Restarts during walls 4 (3:00 wall) and wall 9 (9:00 wall)**

**START: 32 Count intro (aprox 11 seconds)**

**[1-8] □ Side together forward, side together back, hitch □**

1-4            Step right to right side, close left beside right, step right forward, hold □ 12:00  
5-8            Step left to left side, close right beside left, step left back, hitch right knee □ 12:00

**[9-16] □ Right coaster step, Left shuffle forward □**

1-4            Step right foot back, close left to right, step right forward, hold □ 12:00  
5-8            Shuffle forward L-R-L, hold □ 12:00

**[17-24] □ Kick out right, out left, twist right, twist left □ 12:00**

1-4            Kick right forward, step right out to right side, step left to left side, hold (shoulder width apart) □ 12:00  
5-8            Twist right heel inwards towards left, return right heel, twist left heel inwards towards right, return left heel □ 12:00

**[25-32] □ Cross and heel, cross over unwind ½ turn □**

1-4            Cross right over left, step left back left diagonal, touch right heel forward towards right diagonal, hold □ 12:00  
5-8            Step right in place, step left over right, unwind ½ turn right, end weight on left □ 06:00

**\*\*\* RESTART HERE ON WALL 4 facing 3:00 wall and wall 9 facing 9:00 wall \*\* □**

**[33-40] □ Grapevine right, cross rock ¼ turn, hitch □**

1-4            Step right to right side, cross left behind right, step right to right side, hold □ 06:00  
5-8            Rock left over right, recover weight on right, make ¼ turn left stepping forward left, hitch right □ 03:00

**[41-48] □ ½ hitch, ½ hitch, rock recover run back right, left □**

1-2            Make ½ turn left stepping back on right, hitch left □ 09:00  
3-4            Make ½ turn left stepping forward left, hitch right □ 03:00  
5-6            Rock right foot forward, recover weight on left foot □ 03:00  
7-8            Run back right, left □ 03:00

**OPTIONAL INTRODUCTION (start this 16 counts intro 16 counts into the music, aprox 5 seconds) □**

**[1-8] □ Jump out, cross over unwind □**

&1-2-3-4      Step right out, step left out □ 12:00  
&5-6-7-8      Step right in, cross left over right, hold, unwind ½ turn right □ 06:00

**[9-16] □ Jump out, cross over unwind □**

&1-2-3-4      Step right out, step left out □ 06:00  
&5-6-7-8      Step right in, cross left over right, hold, unwind ½ turn right □ 12:00

**Note: You will end facing 12:00 wall so you can make your own big finish.... Dah Dahhhhh! Enjoy it and have lots of fun! □**

**Contact: [www.dancefeveruk.com](http://www.dancefeveruk.com) - [daniel.whittaker@dancefeveruk.com](mailto:daniel.whittaker@dancefeveruk.com) - Mobile number: 07739 352209**

