

Medicine Man

COPPER **KNOB**
BY FLO MORESTEPS

拍數: 32 牆數: 4 級數: Improver
編舞者: Flo Moresteps (FR) & Magali Bérenger (FR) - October 2016
音樂: Medicine Man - Blue Water Highway Band - 105 BPM



Details : 1 Restart

Intro : 8 counts - Counter-Clockwise

SECTION 1 : Step, Step, Mambo Back, Point Back, Unwind ½ turn, Heel Switches

1 – 2 Step RF forward, Step LF forward
3 & 4 Rock RF forward, Recover on LF, Step RF back
5 – 6 Point LF back, Unwind ½ turn left (6:00)
7 & 8 & Right Heel fw, RF next to LF, Left Heel fw, LF next to RF

RESTART : HERE ON WALL 4

SECTION 2 : Rock Fwd, Recover & Back Shuffle, ¼ turn R, Brush, Syncopated Wine

1 – 2 Rock RF forward, Recover on LF
& 3 & 4 Step RF next to LF, Step LF back, Step RL back, Step LF back
5 – 6 Make a ¼ turn right and step RF to R side, Brush LF [9:00]
7 & 8 & Cross LF in front of RF, Step RF to right side, Cross LF behind RF, Step RF to right side

SECTION 3 : Rock Fwd, Coaster Step, Step 3/8 L, Kick Ball Step

1 – 2 Rock LF to R Diag , Recover on RF [10:30]
3 & 4 Step LF back, Step RF next to LF, Step LF forward
5 – 6 Step RF forward, 3/8 turn left [6:00]
7 & 8 Kick RF, Ball of RF next to LF, Step LF forward

SECTION 4 : Out Out, Touch, ¼ R, Side Touches with claps, Rocking Chair with claps

& 1 – 2 Step RF to right side, Step LF to left side, Touch RF next to LF
3 & ¼ turn to R and step RF to the right side, Touch LF next to RF (& clap) [9:00]
4 & Step LF to left side, Touch RF next to LF (& clap)
5 – 6 Rock RF fwd, Recover on LF
7 & 8 & Rock RF back (& clap), Recover on LF (& clap)

Start over from SECTION 1

Version française, demo : <http://countryagogo.free.fr/> © Montana Mag & Flo Moresteps October 2016

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