

The Rainbow Connection

COPPER **KNOB**
BY STEPHEN

拍數: 48 牆數: 2 級數: Beginner / Improver
編舞者: Val Saari (CAN) - October 2016
音樂: Rainbow Connection - Kermit : (CD: The Muppet Movie, original motion picture soundtrack)



LEFT TWINKLE, RIGHT TWINKLE

1-3 Step L across R, Step R to right, Step L to left
4-6 Step R across L, Step L to left, Step R to right

WALTZ BALANCE – FORWARD, BACK

1-3 Step L forward, Step R beside L, Step L in place
4-6 Step R back, Step L beside R, Step R in place

½ LEFT TURNING WALTZ, TWICE

1-3 Step left forward, turn ½ left and step right back, step left together
4-6 Step right back, turn ½ left and step left forward, step right together

BEHIND TWINKLE TWICE

1-3 Cross left behind right, step right to side, step left together
4-6 Cross right behind left, step left to side, step right together

WALTZ BALANCE – FORWARD, BACK PIVOT 1/4 L

1-3 Step L forward, Step R beside L, Step L in place
4-6 Step R back PIVOT 1/4 L, Step L beside R, Step R in place

WALTZ BALANCE – FORWARD, BACK PIVOT 1/4 L

1-3 Step L forward, Step R beside L, Step L in place
4-6 Step R back PIVOT 1/4 L, Step L beside R, Step R in place

*1/4 TURN WALTZ FORWARD TWICE

1-3 Turn 1/4 Left with a basic waltz forward LRL
4-6 Turn 1/4 Left with a basic waltz forward RLR

WALTZ BALANCE BACKWARDS TWICE

1-3 STEP L back, STEP R in place, STEP L in place
4-6 STEP R back, STEP L in place, STEP R in place

BEGIN DANCE AGAIN

I dedicate this piece to those who dare to dream to dance, and especially for Baby Iris, named after the rainbow... I hope you dance!

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