

Human After All

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: High Intermediate
編舞者: Ria Vos (NL) - October 2016
音樂: Human - Rag'n'Bone Man : (Single)



Intro: 16 Counts

Hitch Out-Out, Ball-Cross, Tap, Sway R, ¾ Turn R, Step, ¼ R Together, Slide R, Rock Back, & Slide L

1&2 Hitch R Across L, Step Out on R, Step Out on L
&3 Step on Ball of R Next to L, Cross L Over R
&4 Tap R Next to L, Step and Sway R to R Side Leaning R and angling Body L (L Toe Up)
5-6 ¾ Turn R on L foot, Small Step Fwd on R
&7 ¼ Turn R Step L Next to R, Slide R to R Side
8&1 Rock Back on L, Recover on R, Slide L to L Side

1/8 R Step Back R-L, 1/8 R Side, Cross, Point, ¼ R Cross, Back, ¼ R, Touch, Step Hitch ¾ L, 'Run' Back R-L

2&3 1/8 Turn R Step Back on R, Step Back on L, 1/8 Turn R Step R to R Side
&4 Cross L Over R, Point R to R Side Bending L Knee
5&6 Cross R Over L Turning ¼ Turn R, Step Back on L, ¼ Turn R Step R to R Side
&7 Point L to L Side, ¼ Turn L Step Fwd on L Hitch R Turning Another ½ Turn L
8& 'Run' Back R, L

Rock Back, ½ L, ¼ L Sweep, Cross, Back, Rock Back, ½ L, Step Back, Behind-Side-Cross

1-2 Rock Back on R, Recover on L
&3 ½ Turn L Step Back on R, ¼ Turn L Step L To L Side Sweeping R Around
4& Cross R Over L, Step Back on L
5-6 Rock Back on R, Recover on L
&7 ½ Turn L Step Back on R, Step Back on L Sweeping R Around
8&1 Step R Behind L, Step L to L Side, Cross R Over L

Side Rock, Behind, Side Rock, Touch, ¼ R Sweep, Step, Tap, Back, Sweep ½ L, Together

&2& Rock L to L Side, Recover on R, Step L Behind R
3&4 Rock R to R Side, Recover on L, Touch R Next to L Turning Knee In
5 Turn Knee ¼ Turn R Transferring weight to R Sweeping L Around (make a little jump if you wish :-)
6& Step L Fwd Across R, Tap R Toe Behind L
7-8 Step Back on R Slowly Sweeping L ½ Turn L (option: touch behind and Turn), 'Jump'
Together Bending Knee (weight on L)

Tag: After wall 6 Facing 12:00

1-2 Step R to R Side Leaning R Rolling R Shoulder Front-Up-Back
3-4 Recover Slowly on L Rolling L Shoulder Front-Up-Back

Ending: You will end with count 29 (1/4 Knee Turn) Sweeping R to Front to end facing 12:00