Show Me, Show Me



拍數: 32 牆數: 4 級數: Improver / Intermediate

編舞者: Frank Trace (USA) - October 2016

音樂: Bailemos - Yoel



Intro: Begin on vocals, 24 counts

STEP DIAGONAL FORWARD RIGHT, TOUCH, SHUFFLE DIAGONAL BACK, STEP RIGHT DIAGONAL BACK RIGHT, TOUCH, SHUFFLE DIAGANAL FORWARD

1-2	Step R forward diagonally right, touch L next to R
3&4	Shuffle back at left diagonal stepping L, R, L
5-6	Step R back diagonally right, touch L next to R
7&8	Shuffle forward diagonally left stepping L, R, L

1/4 TURN LEFT STEP, BEHIND, SIDE SHUFFLE, CROSS ROCK, RECOVER, SHUFFLE SIDE 1/4 TURN LEFT

1-2	Make a ¼ turn left and step on R, step L behind R (9:0	00)

3&4 Side shuffle right stepping R, L, R5-6 Cross rock L over R, recover onto R

7&8 Shuffle side left ending with a ¼ turn left (6:00)

STEP, TOGETHER, 1/4 TURN, SCUFF 1/4 TURN, SHUFFLE SIDE, ROCK BACK, RECOVER

1-2 Step R to right side, step L next to R

3-4 Step R ¼ turn R, scuff L making a ¼ turn right (12:00)

5&6 Side shuffle left stepping L, R, L

7-8 Rock straight back on R, recover onto L

STEP FORWARD, SIDE ROCK, RECOVER, STEP FORWARD, SIDE ROCK, RECOVER, JAZZ BOX 1/4 TURN

Step R forward, rock L to left side, recover onto R
Step L forward, rock R to right side, recover onto L

Easy Option for 1-4: Step R forward, touch L to side, step L forward, touch R to side

Step R over L, step L back, step R to side turning $\frac{1}{4}$ right, step L next to R \square (3:00)

START OVER

TAG: This happens one time on wall 5 facing 12:00

DOUBLE ROCKING CHAIR

1-4 Rock R forward, recover, rock R back, recover5-8 Rock R forward, recover, rock R back, recover