

Leave Your Lover

拍數: 48 牆數: 4 級數: Advanced
編舞者: Debbie Rushton (UK) - September 2016
音樂: Leave Your Lover - Sam Smith : (Album: In The Lonely Hour)



Count in: After 16 counts, on lyrics (14 seconds)

S1: SWEEP, CROSS SIDE SWEEP, BEHIND 1/4 TURN 1/2 TURN, ROCK RECOVER, STEP TURN STEP

- 1 2&3 Step forward on R whilst sweeping L around, Cross L over R, Step R to R side, Cross L behind R whilst □sweeping R around
- 4&5 Cross R behind L, Make 1/4 turn L stepping L forward, Make 1/2 turn L stepping back on R (3 o'clock)
- 6 7 Rock back on L, recover forward on R
- 8&1 Step L forward, Pivot 1/4 turn R taking weight on R, Step L forward (prepping to turn) (6 o'clock)

S2: FULL TURN STEP, FULL TURN, ROCK RECOVER BACK & CROSS UNWIND

- 2&3 Make 1/2 turn L stepping R back, Make 1/2 turn L stepping L forward, Step R forward (prep to turn)
- 4& Make 1/2 turn R stepping L back, Make 1/2 turn R stepping R forward, (6 o'clock)
- 5&6& Rock forward on L, Recover back onto R, Step back on L, Step R back to R diagonal
- 7 8 Cross L over R, Unwind 1 & 1/2 turn over R shoulder ending with weight on L (12 o'clock)

S3: CROSS, ROCK & CROSS SIDE BEHIND, 1/4 TURN, STEP TURN STEP, FULL TURN

- 1 2&3 Cross R over L, Rock L out to L side, Recover weight onto R, Cross L over R
- &4 Step R to R side, Cross L behind
- 5 6& Make 1/4 turn R stepping R forward, Step L forward, Pivot 1/2 turn R taking weight forward onto R
- 7 8& Step L forward, Make 1/2 turn L stepping back on R, Make 1/2 turn L stepping forward on L (9 o'clock)

S4: CROSS BACK BACK, CROSS BACK BACK, CROSS SIDE KICK SWEEP, BEHIND SIDE

- 1 2& Cross R over L, Step back to L diagonal on L, Step back to R diagonal on R
- 3 4& Cross L over R, Step back to R diagonal on R, Step back to L diagonal on L
- 5&6 Cross R over L, Step L to L side, Kick R very slightly and low to the floor (It's more to count the beat)
- 7 8& Cross R behind L whilst sweeping L around, Cross L behind R, Step R to R side (9 o'clock)

S5: TRAVELLING IN A FULL CIRCLE - STEP, CROSS SIDE BACK, BACK SIDE STEP, CROSS SIDE BACK, BACK SIDE

- 1 2& Step L forward to R diagonal (10:00), Making 1/8 turn R cross R over L, Step L to L side (12 o'clock)
- 3 4& Step R back towards L diagonal (1:00), Step L back to L diagonal, Make 1/8 turn R stepping R to R side (3:00)
- 5 6& Step L forward to R diagonal (5:00), Making 1/8 turn R cross R over L, Step L to L side (6 o'clock)
- 7 8& Step R back towards L diagonal (7:00), Step L back to L diagonal, Make 1/8 turn R stepping R to R side 9:00

S6: ROCK RECOVER & ROCK RECOVER & STEP, PREP FULL TURN, STEP TURN

- 1 2& Cross rock L over R, Recover weight back onto R, Step L to L side
- 3 4& Cross rock R over L, Recover weight back onto L, Step R to R side

- 5 6 Step L forward, Pivot 1/2 turn R taking weight forward onto R (prep to turn back over your L shoulder)
- 7 8& Make 1/2 turn L taking weight forward onto L then continue into another 1/2 turn L sweeping R □around, Step R forward, Make 1/2 turn R stepping L back, (9 o clock)

To begin the dance, make another 1/2 turn R stepping R forward into the first step of the dance (facing 3:00)

TAG - At end of 2nd wall (facing 6 o clock)

SWEEP, CROSS SIDE SWEEP, BEHIND SIDE, CROSS ROCK, SIDE ROCK

- 1 2& Step forward on R whilst sweeping L around, Cross L over R, Step R to R side,
- 3 4& Cross L behind R whilst sweeping R around, Cross R behind L, Step L to L side
- 5678 Cross rock R over L, Recover weight back onto L, Rock R out to R side, Recover weight onto L

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