

Red Dress 32

拍數: 32 牆數: 4 級數: Improver
編舞者: Lisa McCammon (USA) - October 2016
音樂: Red Dress - MAGIC! : (CD: Primary Colours;)



#8 count intro - Counterclockwise rotation; start with weight on L, crossed over R

Choreographer's notes: No tags, no restarts. The steps below are the same as my dance Red Dress, but this step sheet is counted half-time with syncopation for those who don't like 64 count dances, lol.

NC BASIC R, SIDE-TOUCH-SIDE-TOUCH; SIDE ROCK-RECOVER-CROSS, SWAY R-L-R-TURN

1, 2& Step R to side, rock back L, step R slightly across L
3&4& Step L to side, touch R home, step R to side, touch L home
5&6 Rock L to side, recover R, cross L (or L scissor step)
7&8 Small step to right swaying RLR
& Keeping weight on R, turn right $\frac{1}{4}$ [3], hitching L (styling: L foot snugged just above R ankle)

STEP-SLIDE-STEP, HIP ROLL LEFT $\frac{1}{4}$, HIP ROLL LEFT $\frac{1}{4}$; WALK, WALK, ROCKING CHAIR

1&2 Step forward L, slide R to L, step forward L
3& Small step forward R, turn left $\frac{1}{4}$ [12] (styling: roll hips counterclockwise on turn)
4& Small step forward R, turn left $\frac{1}{4}$ [9] (styling as above; you're now facing your new wall)
5-6 Walk forward R, L
7&8& Rock forward R, recover L, rock back R, recover L

STEP, POINT, STEP, POINT; CROSS-SIDE-BACK, BEHIND-SIDE-CROSS STRUT

1-4 Step forward R, point L, step forward L, point R (styling: snap fingers with points)
5&6 Cross R, step L to side, step R back (sweep L)
7&8& Step L behind, step R to side, cross toe strut (or behind-side-cross, 7&8)

SIDE-TOUCH-SIDE-TOUCH, R SCISSORS; SIDE, CROSS, SIDE ROCK-RECOVER-CROSS

1&2& Step R to side, touch L home, step L to side, touch R home
3&4 Step R to side, step L next to and slightly behind R, cross R
5-6 Step L to side, cross R
7&8 Rock L to side, recover R, cross L

(Turning option for 5-6, 7&8: Hinge right $\frac{1}{4}$ [12], $\frac{1}{2}$ [6], step-turn right $\frac{1}{4}$ [9], cross L)

OPTIONAL FINISH

The last repetition begins at [6]. Dance through counts 5&6 (cross-side-back) of Section 3. You'll be facing [3]. Instead of the behind-side-crossing toe strut, do this to end facing the front:

7& Step L behind, turn right $\frac{1}{4}$ [6] stepping forward R
8& Step forward L, turn right $\frac{1}{2}$ [12] onto R

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