

Crash

拍數: 64 牆數: 0 級數: Intermediate
編舞者: Fred Whitehouse (IRE) - October 2016
音樂: Crash - Usher



Intro – 16 counts (9 seconds from start of track)

[1 -8] □ Step ¼ turn R, sailor step, weave, knee pop

1,2 Step R forward, ¼ turn R stepping L to L side 3.00
3&4 Step R behind L, step L to L side, step R to R side
5&6 Step L behind R, step R to R side, cross L over R
&7 Step R to R side, close L beside R (slightly on diagonal L)
&8 Lift both heels of the ground, recover (Pop both knees forward, recover)

[9-16] □ Syncopated rocks x2, heel grinds x2, coaster step

1,2 Rock R forward, recover
&3,4 ¼ turn R stepping R forward, Rock L forward, recover 6.00
5,6 Step back L as you swivel R heel, step back R as you swivel L heel
7&8 Step L back, close R beside L, step L forward

(Restart here, wall 3)

[17-24] □ Step pivot ½ turn L, touch x2, cross, side, sailor ½ turn R

1,2 Step R forward, pivot ½ turn L placing weight on L
3,4 ¼ turn L touch R to R side (push hips R), ¼ turn L touch R to R side (push hips R) 6.00
5,6 Cross R over L, step L to L side
7&8 ¼ turn R stepping R behind L, step L to L side, ¼ turn R stepping R forward 12.00

[25-32] □ Ball cross, ¼ turn L point, step sweep, ¼ turn diamond

&1 Step L to L side, cross R over L
2,3 ¼ turn L stepping L forward, point R to R side 9.00
&4,5 Step R forward, sweep L from back to front, cross L over R
&6 Step R to R side, 1/8 turn L stepping L back to L diagonal
7&8 Step R back diagonal, 1/8 turn L stepping L to L side, cross R over L 6.00

[33-40] □ Rock recover, weave, rock recover, sailor 1/4 turn R prep

1,2 Rock L to L side, recover (option: body roll to L or hip roll)
3&4 Step L behind R, step R to R side, cross L over R
5,6 Rock R to R side, recover (option: body roll to R or hip roll)
7&8 Step R behind L, step L to L side, ¼ turn R stepping R forward 9.00

(Tip: make this sailor step a prep, clicking L fingers beside your face makes it a bigger break. You will reverse turn over left shoulder next)

[41-48] ½ turn L x2, coaster step, kick ball change, swivel x2

1,2 ½ turn L stepping L forward, ½ turn L stepping R back 9.00
3&4 Step L back, close R beside L, step L forward
5&6 Kick R forward, close R beside L, step L forward
7,8 Skate R forward diagonal, Skate L forward diagonal (travel forward on skates)

[49-56] □ Syncopated rock steps x2, ball change, pivot ½ turn L, ½ turn lock step

1,2& Rock R over L, recover, step R to R side
3,4& Rock L over R, recover, step L to L side
5,6 Step R forward, pivot ½ turn L placing weight on L 3.00
7&8 ¼ turn L stepping R to R side, cross L over R, ¼ turn L stepping R back 9.00

[57-64] □ Touch, body roll, ball change, ¼ turn touch, touch x2, hip bumps x2

- 1,2 Touch L back, body roll back placing weight on L
&3,4 Close R beside L, ¼ turn L stepping L to L side, touch R beside L (click L finger to L) 6.00
&5 Step R to R side, touch L beside R
&6 Step L to L side, touch R beside L
7,8 Hip bump to R x2 (option: shoulder pops x2) 6.00

Enjoy

Contact: f_whitehouse@hotmail.com
