

To Love And To Be Loved

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Sally Hung (TW) - October 2016
音樂: Aishi Aisarete (愛し愛されて) - Chen Jia Fan (陳佳翻) : (Cover)



Sequence Of Dance: -

Tag 1 after finishing Wall 3, facing 3:00
Tag 2 after finishing Wall 4, facing 12:00
Tag 1 after finishing Wall 8, facing 12:00
Tag 1 after finishing Wall 9, facing 9:00

Intro: 32 Counts

Tag 1 (4 counts) Rocking chair

1,2,3,4 Rock R fwd, recover onto L, rock back on R, recover onto L

Tag 2 (12 counts) Rocking chair, sway R-L-R-L, Rocking chair

1,2,3,4 Rock R fwd, recover onto L, rock back on R, recover onto L

5,6,7,8 Sway R-L-R-L

9,10,11,12 Rock R fwd, recover onto L, rock back on R, recover onto L

S1. SIDE ROCK, RECOVER, BACK ROCK, RECOVER, CHASSE R, CROSS ROCK, RECOVER

1,2,3,4 Rock R to R side, recover onto L, rock back on R, recover onto L

5&6,7,8 Step R to R side, step L together, step R to R side, cross L over R, recover onto R

S2. ¼ TURN L FWD SHUFFLE, FWD SHUFFLE, FWD ROCK, RECOVER, ½ TURN L FWD SHUFFLE

1&2,3&4 Make a ¼ turn L stepping fwd L, step R behind L, step fwd L, step fwd R, step L behind R, step fwd R

5,6,7&8 Rock L fwd, recover onto R, make a ½ turn L stepping fwd L, step R behind L, step fwd L

S3. CROSS, BACK, CHASSE R, CROSS, BACK, CHASSE L

1,2,3&4 Cross R over L, step back L, step R to R side, step L together, step R to R side

5,6,7&8 Cross L over R, step back R, step L to L side, step R together, step L to L side

S4. FWD ROCK, RECOVER, TOGETHER, FWD ROCK, RECOVER, TOGETHER, UNWIND ½ TURN L, WALK BACK R-L

1&2,3&4 Rock R fwd, recover onto L, step R beside L, rock L fwd, recover onto R, step L beside R

5,6,7,8 Cross point R over L, unwind ½ turn to L placing weight on L, step back on R, step back on L

Happy dancing!

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