拍數： 64
棭數： 2
編舞者：Paul James（UK）－October 2016
音樂：Up All Night－Dyson ：（iTunes）

| Restart A on wall 7，after count 16. Phrasing－A，A，B，A，A，B，A restart A，A，B，B． |  |
| :---: | :---: |
| Part A： 32 counts |  |
| A［1－8］$\square$ Slow Walks Forward x2，Step $1 / 2$ Turn Step，Large Step Forward． |  |
| 1，2 | Step forward R foot（1，2） |
| 3，4 | Step forward L foot（ 3,4 ） |
| 5\＆6 | Step forward R foot（5）Make $1 ⁄ 2$ turn over $L$ shoulder（\＆）Step forward $R$ foot（6） |
| 7，8 | Take a large step forward with your $L$ foot，dragging R foot slowly together（7，8） |
| A［9－16］$\square$ Cross，Rock Recover，Cross，Ball Change x2，Kick，Touch，Kick，Touch． |  |
| 9 | Cross R foot over L foot（9） |
| 10\＆11 | Step $L$ foot to $L$ placing the weight onto it（10）Place weight onto $R$ foot（\＆）Cross $L$ foot over R foot（11） |
| \＆12 | Angling body to L diagonal，step ball of $R$ foot to $R$ side（\＆）Recover weight to $L$ foot（12） |
| \＆13 | Angling body to $L$ diagonal，step ball of $R$ foot to $R$ side（\＆）Recover weight to $L$ foot（13） |
| 14，15 | Kick $R$ foot across $L$（14）Touch $R$ toe next to $L$ foot（15） |
| \＆16 | Kick $R$ foot across $L$（\＆）Touch $R$ toe next to $L$ foot（16） |

## Restart here on wall 7

A［17－25］Sweep，Ball Change，Sweep，Triple，Walk F x2，Triple $1 / 2$ turn $R$ ．
17 Sweep $R$ foot from front to back（17）
18\＆Step ball of $R$ foot，just behind $L$ foot（18）Place weight onto $L$ foot（\＆）
19 Put the weight onto $R$ foot as you sweep $L$ foot from front to back（19）
20\＆21 Close L foot，just behind $R$ foot（20）Place weight onto $R$ foot（\＆）Place weight onto $L$ foot （21）
22，23 Walk forward $R$ foot（22）Walk forward $L$ foot（23）
24\＆25 Close $R$ foot，just behind $L$ foot（24）Place weight onto $L$ foot making $1 / 4$ turn $R$（\＆）Make $1 / 4$ turn $R$ stepping forward $R$ foot（25）

A［26－32］$\square$ Step， $1 / 2$ Turn，Slide Back，Together，Walks F x2，Triple Full Turn（Forward）．
26\＆Step $L$ foot forward（26）Make $1 / 2$ turn over $L$ shoulder stepping onto on $R$ foot（\＆）
27，28 Pushing off your $R$ foot make a big step back with your $L$ foot（27）Slow drag and step $R$ foot next to $L$ foot（28）
29，30 Walk forward $L$ foot（29）Walk forward $R$ foot（30）
31\＆32 Make a full turn over your $R$ shoulder，travelling forward，stepping $L(31) R(\&) L(32)$－weight ends on $L$ foot．

Part B： 32 counts
B［1－8］$\square$ Cross，Rock and Cross，Points x2，Hitch，Point，Triple Full Turn（On The Spot）．
1，2\＆Cross $R$ foot over $L$ foot（1）Step and rock $L$ foot to $L$（2）Recover weight onto $R$ foot（\＆）
3，4 Cross $L$ foot over $R$ foot（3）Point $R$ toe to $R$ side（4）
\＆5 Step $R$ foot next to $L$ foot（\＆）Point $L$ toe to $L$ side（5）
\＆6
Hitch $L$ knee up（\＆）Point $L$ toe to $L$ side（6）
$7 \& 8 \quad$ Make a full turn on the spot over your $L$ shoulder，stepping $L$ behind（7）$R$ next to $L$（\＆）$L$ slightly in front（8）

9\& Make $1 / 4$ turn $L$ stepping onto $R$ foot (9) Touch $L$ toe next to $R$ foot (\&)
10\& $\quad$ Make $1 / 4$ turn $L$ stepping onto $L$ foot (10) Touch $R$ toe next to $L$ toe (\&)
11\& Make $1 / 4$ turn $L$ stepping onto $R$ foot (11) Touch $L$ toe next to $R$ foot (\&)
12 Make $1 / 4$ turn $L$ stepping onto $L$ foot (12)
13\&14\& Touch $R$ heel forward (13) Step $R$ foot next to $L$ foot (\&) Touch $L$ heel forward (14) Step $L$ foot next to R foot (\&)
15\&16 Kick R foot forward (15) Step $R$ foot next to $L$ foot (\&) Step $L$ foot slightly forward (16)
B[17-24] $\square$ Syncopated Lock Steps, Syncopated Rocking Chair, Runs x2, Brush, Step.
17\&18 Step $R$ foot diagonally $R$ forward (17) Lock $L$ foot behind $R$ foot (\&) Step $R$ foot forward (18)
\&19\& Step $L$ foot diagonally $L$ forward (\&) Lock $R$ foot behind $L$ foot (19) Step $L$ foot forward (\&)
20\&21\& Rock forward R foot (20) Recover weight onto L foot (\&) Rock back R foot (21) Recover weight onto $L$ foot (\&)
22\& Run forward $x 2$, R foot (22) $L$ foot (\&)
23,24 Brush $R$ foot, lifting it off the ground with a straight leg, forward and to $R$ (23) Stepping down on $R$ foot (24)

B[25-32] Hold, Ball Change, Cross Rock Recover, Cross Behind, Unwind, Sweep, Cross, Back Together.
25\&26 Hold (25) Step L foot next to R foot ( $\&$ ) Step R foot to R side (26)
27\&28 Cross L foot over R foot (27) Recover weight onto $R$ foot (\&) Step $L$ foot to $L$ (28)
29,30 Cross R foot behind L (29) Unwind full turn - clockwise - sweeping $L$ foot from back to front (30)

31\&32
Cross L foot over R foot (31) Step R foot slightly back (\&) Step L foot next to R foot (32)

## Happy Dancing

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