

# Focus

拍數: 96      牆數: 2      級數: Phrased Intermediate / Advanced  
編舞者: Joel Cormery (FR) & Jessica Arpajou (FR) - October 2016  
音樂: Focus - Ariana Grande



Departure: 2x8 - Sequence: A-B-A-B-Tag-Tag-A-B-B-Final

## A Sentence – 64 counts

### A[1-8] WalkR, walk L, cross rock side, sailor step, sailor 1/4 turn right

1-2            Walk R, walk L  
3 & 4            cross right over left, recover PDC left, right to right  
5 & 6            Step left behind right, right to right, step left in place  
7 & 8            Step right behind left, 1/4 turn right step left to left, step right forward

### A[9-16] Step 1/2 turn R, shuffle 1/2 turn, coaster step, cross, 1/4 turn left

1-2            Step forward, 1/2 turn  
3 & 4            Step forward 1/4 turn right, together PD PG, D 1/4 turn left back,  
5 & 6            Step back, step right to side, right over  
7-8            Cross left over right, 1/4 turn left right behind

### A[17-24] Back lock back, back lock back coaster step, step 1/2 turn left

1 & 2            left back, cross right over left, left behind  
3 & 4            Step right back, cross left over right, step right back  
5 & 6            Step back, step left to side, step forward  
7-8            Step forward, 1/2 turn left

### A[25-32] Rock step, coaster step, rock step, coaster step

1-2            Step forward, recover PDC PG  
3 & 4            Step right back, left beside right, Step forward  
5-6            Step forward, recover PDC PD  
7 & 8            Step back PDC to PG side, step forward

### A[33-40] Diagonal step lock step, diagonal step lock step, 1/2 turn left, back, coaster step

1 & 2            Step forward, step back right, step forward (in the right diagonal)  
3 & 4            Step forward right behind left, step forward (to the left diagonal)  
5-6            1/2 turn left, right back, left back  
7 & 8            Step back, step right to side, right over

### A[41-48] Diagonal step lock step, diagonal step lock step, kick step tip, tip kick step

1 & 2            Step left forward, right behind left, step forward (in the diagonal G)  
3 & 4            Step right forward, step back right, step forward (in the diagonal D)  
5 & 6            kick left diagonally left, step left forward, right toe to right  
7 & 8            kick right diagonally right, step right forward, point left to left

### A[49-56] Cross & Heel, & cross & heel & cross, 1/4 turn left, coaster step

1 & 2            Cross left over right, right to right, left to left heel diagonally  
& 3 & 4            left beside right, cross right over left, left to left, to right heel diagonally  
& 5-6            Step left to side, cross left over right, 1/4 turn to left right behind  
7 & 8            Step back, step left to side, step forward

### A[57-64] Cross & heel, & cross 1 / 4 turn left, & step 1/2 turn, step turn 1/2

1 & 2            Cross right over left, left to left, to right heel diagonally  
& 3-4            Step left to side, cross left over right, 1/4 turn left right behind

& 5-6 Step left beside right, step forward, 1/2 turn left  
7-8 Step forward, 1/2 turn left (end weight on left)

**Tag 2: by 12 late 5th Wall ~ 4 counts**

1-4 Cross, back, side, step

**B Sentence – 32 counts**

**B[1-8] Kick ball tip, press press, kick step ball, twist twist,**

1 & 2 in the diagonal R, Kick right, step right beside left, point left to left  
3-4 on left, back, weight on right (on the ends)  
5 & 6 kick left diagonally L, step left beside right, Step forward  
7-8 bend knees by making a pivot heels to D, back to center

**B[9-16] Coaster step, advanced hip bump, half turn, advanced hip bump, 1/2 turn R, 1/2 turn R**

1 & 2 Step back, step right to side, right over  
3-4 toe L forward with hip blow up, 1/2 turn R  
5-6 toe R forward with hip blow up, step right  
7-8 1/2 turn left back, 1/2 turn right, step right forward

**B[17-24] Kick ball tip, press press, kick ball step, twist twist**

1 & 2 Kick L in the diagonal left, step left beside right, point right to right  
3-4 on right, back, on left (on the ends)  
5 & 6 kick R in the diagonal R, step right beside left, step forward  
7-8 bend knees by making a pivot heels left, return to center

**B[25-32] Coaster step, advanced hip bump 1/2 turn, advanced hip bump 1/2 turn L, back**

1 & 2 Step back, step right beside left, step forward  
3-4 toe R forward with hip blow up, 1/2 turn left  
5-6 toe L forward with hip blow up, step left  
7-8 1/2 turn left step right back, left back

**Tag 1: here at 12:00 at the end of 4th Wall - 5 counts**

1-5 Cross, back, side, step, 1/2 turn

**Final at 12:00 on the sentence B: end of the 7th wall make one step right**

**Dancing is like talking quietly. This means many things without saying a word.**

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