

Mr Heartache

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Eva Pau (CAN) - October 2016
音樂: Mr Heartache by Pat Hervey



Start dancing after 4 count heavy beat

SIDE SHUFFLE & BACK ROCK RECOVER R & L

1&2 3-4 Side shuffle R L R, rock L behind R, recover to R
5&6 7-8 Side shuffle L R L, rock R behind L, recover to L

FWD SHUFFLE R & L, PIVOT ½ TURN L, FWD SHUFFLE

1&2 3&4 Fwd shuffle R L R, fwd shuffle L R L
5-6 7&8 Step R fwd, pivot ½ turn L, fwd shuffle R L R

ROCKING CHAIR, ¼ TURN R, CROSS SHUFFLE

1-4 Rock L fwd, recover to R, rock L back, recover to R
5-6 7&8 Step L fwd, ¼ turn R, cross L over R, step R to R, cross L over R

SIDE TOUCHES, ROLLING FULL TURN R

1-4 Step R to R, touch L together, step L to L, touch R together
5-8 Step R to R ¼ R, step L back ½ R, step R to R ¼ R, cross L over R

Note: Repeat 1st section at the beginning of wall 5 facing 12:00
