

Tuam Beat

拍數: 48 牆數: 4 級數: Improver - Contra
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音樂: Tuam Beat - Michael English : (Single)



Intro : □ 48 Counts (Approx. 17 Seconds)

Tags : □ Danced at the end of Walls 2, 4 & 6, see bottom of Script.

Contra Notes : □ The two rows will start facing each other. You should be positioned so that you're facing the gap in the opposite row and your partner is to the left of the gap. The Contra elements only take effect during the Walls where the rows start facing each other (i.e. odd numbered walls). During Section 2, the rows should pass through each other, then turn around to face each other. During Section 6, you should link left arms with your partner as you walk around.

S1: MAMBO FORWARD. MAMBO BACK.

1 – 2 – 3 – 4 Rock forward with right, recover onto left, step back with right, hold for Count 4.
5 – 6 – 7 – 8 Rock back with left, recover onto right, step forward with left, hold for Count 8. (12 O'CLOCK)

S2: STEP, LOCK, STEP. STEP, PIVOT ½ TURN R, STEP.

1 – 2 – 3 – 4 Step forward with right, lock left behind right, step forward with right, hold for Count 4.
5 – 6 – 7 – 8 Step forward with left, pivot a ½ turn right, step forward with left, hold for Count 8. (6 O'CLOCK)

S3: SUGARFOOT STEPS. SIDE ROCK.

1 – 2 – 3 Tap right toe next to left toe, tap right heel next to left toe, cross step right over left.
4 – 5 – 6 Tap left toe next to right toe, tap left heel next to right toe, cross step left over right.
7 – 8 Rock right to the right, recover onto left. (6 O'CLOCK)

S4: TOE STRUTS – JAZZ BOX ¼ TURN R.

1 – 2 – 3 – 4 Touch right toe across left, place right heel, touch left toe back, place left heel.
5 – 6 Make a ¼ turn right touching right toe to the right, place right heel.
7 – 8 Stomp left next to right, hold for Count 8. [Weight ends on Left] (9 O'CLOCK)

S5: RIGHT VAUDEVILLE. LEFT VAUDEVILLE ¼ TURN L.

1 – 2 – 3 – 4 Cross step right over left, step back with left, tap right heel forward, step right next to left.
5 – 6 Cross step left over right, make a ¼ turn left stepping right to the right.
7 – 8 Tap left heel forward, step left next to right. (6 O'CLOCK)

S6: SLOW WALK AROUND ¾ TURN L.

1 – 8 In a circular fashion, make a ¾ turn left walking; right, hold, left, hold, right, hold, left, hold. (9 O'CLOCK)

END OF DANCE!

TAGS : □ Danced at the end of Walls 2, 4 & 6, facing Back, Front & Back Walls respectively.
ROCK FORWARD. BACK TOE STRUTS. ROCK BACK. FORWARD HEEL STRUTS.

1 – 2 Rock forward with right, recover onto left.
3 – 4 – 5 – 6 Touch right toe back, place right heel, touch left toe back, place left heel.
7 – 8 Rock back with right, recover onto left.
9 – 10 Touch right heel forward, place right toe.
11 – 12 Touch left heel forward, place left toe.

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