

Almost Paradise

COPPER KNOB
BY STEPHEN

拍數: 40 牆數: 2 級數: Intermediate NC
編舞者: Julie Lockton (ES) & Hayley Wheatley (UK) - October 2016
音樂: Almost Paradise - Victoria Justice & Hunter Hayes



Count In: 16 counts on heavy beat

S1: STEP FWD , MAMBO WITH SWEEP, SAILOR ¼ TURN, BEHIND, TURN , STEP, STEP LOCK FWD

- 1 Step fwd onto RF □ 12:00
2&3 Rock fwd onto LF, Recover onto RF, Step back onto LF while sweeping RF out and behind □ 12:00
4&5 Step RF behind LF, Step LF to L side while making ¼ turn L, Step RF to R side while sweeping LF out and behind □ 9:00
6&7 Step LF behind RF, Step fwd onto RF making ¼ turn R, Step fwd onto LF □ 12:00
8&1 Step fwd onto RF, lock LF behind RF, step fwd onto RF □ 12:00

S2: STEP, PIVOT ½ TURN, STEP, TRIPLE FULL TURN, ROCK FWD RECOVER, CLOSE, STEP BACK, TOUCH

- 2&3 Step fwd onto LF, pivot ½ turn right, step fwd onto LF □ 06:00
4&5 Step back onto RF making ½ L, step fwd onto LF making ½ turn L, step fwd onto RF □ 06:00
6-7 Rock fwd onto LF, recover onto RF □ 06:00
8&8-1 Close LF next to RF, step back onto RF, touch LF to RF □ 06:00

S3: STEP LOCK STEP WITH HITCH x 2 TRAVELLING ½ TURN ARC, ROCK FWD RECOVER, LARGE STEP BACK DRAG

- 2&3 Step fwd on LF, lock RF behind LF, step fwd on LF making ¼ and hitch RF □ 03:00
4&5 Step fwd on RF, lock LF behind RF, step fwd on RF making ¼ and hitch LF □ 12:00
6-7-8 Rock fwd on LF, recover onto RF, large step back on LF whilst dragging right to left □ 12:00

S4: RIGHT SCISSOR STEP, SWAY RECOVER ¼ TURN WITH SWEEP, WEAVE, RIGHT BASIC NIGHTCLUB

- 8&1-2 Step R to R side, close L to R, cross R over L □ 12:00
3-4 Rock onto L whilst swaying hips L, recover onto R making a ¼ turn L sweeping L foot behind R □ 09:00
5&6 Step L foot behind R, step R to R side, cross L over R □ 09:00
7-8& Large step to R side, step back on L behind R, step R across L □ 09:00

S5: LEFT BASIC NIGHTCLUB, LUNGE ¼ TURN RIGHT RECOVER, PENCIL ½ TURN, STEP FWD L, RIGHT ROCK RECOVER

- 1-2& Step L to L side, step back on R behind L, step L across R □ 09:00
3-4 Lunge Fwd on R making ¼ turn (12:00), recover onto L pointing R toes fwd □ 12:00
5-6 Step fwd on R whilst hitching L knee up, pencil ½ turn R whilst keeping L knee hitched □ 06:00
7-8& Step fwd onto L, rock R to right side, recover weight onto L □ 06:00

RESTART THE DANCE DURING WALL 5 AT THE END OF THE 1st SECTION OF 8 FACING 12:00

Choreographers note: This music may not be available in all countries. Please email us for assistance if required.

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