

Only You (P)

COPPERKNOB
BY STEPHEN

拍數: 32

牆數: 0

級數: Low Intermediate Partner / Circle
Cha Cha



編舞者: Linda Sansoucy (CAN) - October 2016

音樂: Only You - Anderson East

Intro: 16 counts

Position: □ Side by side, holding inside hands, facing LOD. Man on inside of circle

STEP FORWARD, ROCK FORWARD, STEP BACK, LOCK STEP, BACK ROCK, SHUFFLE ½ TURN

- 1 Step left forward
- 2-3 Rock right forward, recover to left
- 4&5 Locking chassé back right-left-right
- 6-7 Rock left back, recover to right
- 8&1 Chassé forward left-right-left turning ½ right (RLOD)

Release hands as you turn and join new inside hands

BACK ROCK, SHUFFLE ¼ TURN, STEP FORWARD, ¼ TURN SHUFFLE FORWARD

- 2-3 Rock right back, recover to left
- 4&5 MAN: Turn ¼ left and chassé side left-right-left (OLOD)
- 4&5 LADY: Turn ¼ right and triple in place right-left-right (ILOD)

Man raises his left hand for lady to pass under

- 6-7 Step left forward, turn ¼ left and step right side (LOD)
- Lower hands. Now side by side with man on outside of circle, inside hands joined
- 8&1 Chassé forward left-right-left

MAN: STEP FORWARD, STEP FORWARD, SHUFFLE FORWARD, ROCK STEP FORWARD SHUFFLE BACK

LADY: TURN ½ RIGHT, TURN ½ RIGHT, SHUFFLE TURN ½ RIGHT, BACK ROCK, SHUFFLE FORWARD

The man raises his right arm for lady to spin under

- 2-3 MAN: Step right forward, step left forward
- 2-3 LADY: Turn ½ right and step left back, turn ½ right and step right forward (LOD)
- 4&5 MAN: Chassé forward right-left-right
- 4&5 LADY: Chassé forward left-right-left turning ½ right (RLOD)
- 6-7 MAN: Rock left forward, recover to right
- 6-7 LADY: Rock right back, recover to left
- 8&1 MAN: Chassé back left-right-left
- 8&1 LADY: Chassé forward right-left-right

Man picks up lady in Closed Position as he does the chassé back

MAN: BACK ROCK, SHUFFLE FORWARD, STEP FORWARD, STEP FORWARD, STEP FORWARD, TOGETHER

LADY: ½ TURN, SHUFFLE TURN ½ LEFT, TURN ½ LEFT, STEP FORWARD, TOGETHER

Release man's left hand and raise his left arm for lady to turn under

- 2-3 MAN: Rock right back, recover to left
 - 2-3 LADY: Step left forward, turn ½ right (weight to right) (LOD)
 - 4&5 MAN: Chassé forward right-left-right
 - 4&5 LADY: Chassé back left-right-left turning ½ left (RLOD)
- Release man's left hand from lady's right and take lady's left hand in man's right hand
- 6-7 MAN: Step left forward, step right forward
 - 6-7 LADY: Turn ½ left and step right forward, step left forward (LOD)

You have now returned to start position

- 8& Step left forward, step right together

TAG : After wall 7

STEP FORWARD, STEP FORWARD

1-2 Step left forward, step right forward

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