My Pledge of Love



拍數: 32 牆數: 4 級數: Ultra Beginner

編舞者: Ilona Tessmer-Willis (USA) - October 2016

音樂: My Pledge of Love - Joe Jeffrey: (Google Play • AmazonMP3 • iTunes)



As a practiced dancer, I enjoy dancing beginner dances to fun songs. Think beginners will enjoy learning for the same reason.

Intro: 40 cts (start on instrumental, vocals start count 3 "I")

S1: R SIDE ROCK R STEP HOLD, LEFT SIDE ROCK L STEP HOLD

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1-2	R Rock to R Side 1	Recover (weight on left)

3-4 R Step next to L, Hold

5-6 L Rock to L Side, R Recover (weight on right)

7-8 L Step next to R, Hold

S2: R STEP FORWARD, L STEP FORWARD, R ROCKING CHAIR

1-2 R Step Forward3-4 L Step Forward

5-6 R Rock Forward, L Recover

7-8 R Rock Back, L Recover (weight on left)

S3: R 1/2 TURN: 4 TOE STRUTS R L R L

1-2	R 1/8 Turn: R Toe, Drop Heel
3-4	R 1/8 Turn: L Toe, Drop Heel
5-6	R 1/8 Turn: R Toe, Drop Heel
7-8	R 1/8 Turn: L Toe, Drop Heel

S4: R 1/4 TURN: R FORWARD STEP-TOGETHER R STEP L TAP, L DIAGONAL FORWARD STEP-TOGETHER L STEP R TAP

1-2 R 1/8 Turn: R Step Forward, L Close with R,

3-4 R 1/8 Turn: R Step Forward, L Tap5-6 L Step Diagonal Forward, R Close with L

7-8 L Step Diagonal Forward, R Tap (weight on left)

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