

# The Walk

**COPPER** **NOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: DeAnna Lee (USA) - October 2016  
音樂: Lot of Leavin' Left to Do - Dierks Bentley



Count: 32 Hold To Start: 24 Beats Or With Lyric

**WALK, WALK, WALK FORWARD, HITCH LEFT KNEE UP AND PIVOT A 1/2 TURN RIGHT, WALK, WALK, WALK FORWARD, HITCH RIGHT KNEE UP AND PIVOT A 1/2 TURN LEFT**

1,2,3      Walk Forward Right, Walk Forward Left, Walk Forward Right  
4      Hitch Left Knee Up And Pivot A 1/2 Turn Right  
5,6,7      Walk Forward Left, Walk Forward Right, Walk Forward Left  
8      Hitch Right Knee Up And Pivot A 1/2 Turn Left ( 12:00 )

**SHUFFLE FORWARD, SHUFFLE FORWARD, FORWARD ROCK STEP, ROCK STEP**

1&2      Shuffle Forward Right, Left, Right  
3&4      Shuffle Forward Left, Right, Left  
5,6      Step Right Foot Forward ( Rock ), Shift Wt. Back To Left ( Step )  
7,8      Shift Wt. Forward To Right ( Rock ), Shift Wt. Back To Left ( Step )

**SHUFFLE BACKWARDS, SHUFFLE BACKWARDS, ROCK STEP, ROCK STEP BACKWARDS**

1&2      Shuffle Backwards Right, Left, Right  
3&4      Shuffle Backwards Left, Right, Left  
5,6      Step Right Foot Back ( Rock ), Shift Wt. Forward To Left ( Step )  
7,8      Shift Wt. Back To Right ( Rock ), Shift Wt. Forward To Left ( Step )

**GRAPEVINE RIGHT, 1/2 TURN TO THE RIGHT JUMP**

1      Step Right Foot To The Right  
2      Step Left Foot Behind Right  
3      Step Right Foot To The Right  
4      Turn Right A 1/2 Turn Right, Little Jump, Wt. On Both Feet (6:00 )

**MOVE HEELS TO LEFT, TOES LEFT, HEELS LEFT, TOES LEFT, HEELS CENTER**

5      Move Heels To The Left  
6      Move Toes To The Left  
7      Move Heels To The Left  
&      Move Toes To The Left  
8      Move Heels Center, Set Wt. On Left Foot

( START OVER )

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