

The Circus

拍數: 32 牆數: 4 級數: Improver
編舞者: Richard Palmer (UK) & Lorna Dennis (UK) - October 2016
音樂: Lautar - Pasha Parfeni : (Eurovision 2012 - Moldova)



Intro: 32 counts

[1 – 8]: Step Out, Out, Sailor & Heel & Cross, 1/4 Turn, Shuffle 1/2 Turn

1, 2 Step R to R side, Step L to L side
3 & 4 & Step R behind L, Step L to L side, Touch R heel forward, Step R slightly back
5, 6 Cross-step L over R, Step R back turning 1/4 left
7 & 8 Make a half turn left stepping L, R, L

[9 – 16]: Side Rock, Behind-Side-Cross, Side Rock, Back Rock

1, 2 Rock R to R side, Recover onto L
3 & 4 Step R behind L, Step L to L side, Cross-Step R over L
5, 6 Rock L to L side, Recover onto R
7, 8 Rock back on L, Recover onto R

[17 – 24]: Walks X 2, Rocking Chair, Walks X 2, Step-Turn-Step

1, 2 Step forward on L, Step forward on R
3 & 4 & Rock forward on L, Recover onto R, Rock back on L, Recover onto R
5, 6 Step forward on L, Step forward on R
7 & 8 Step forward on L, Make a 1/2 turn right transferring weight to R, Step forward on L

[25 – 32]: Samba Steps X 2, 1/2 pivot turns X 2

1 & 2 Cross-Step R over L, Rock L to L side, Recover weight onto R
3 & 4 Cross-Step L over R, Rock R to R side, Recover weight onto L
5, 6 Step R forward, Pivot 1/2 turn left
7, 8 Step R forward, Pivot 1/2 turn left

TAG: At end of wall 5 (facing 9:00):

Out, Out, In, In

1, 2, 3, 4 Step R to R side, Step L to L side, Bring R foot in, Step L next to R

Last Update - 5th Oct 2016