

Lock Up Your Daughters

拍數: 48 牆數: 2 級數: Easy Intermediate
編舞者: Brandi Hughes (CAN) - October 2016
音樂: Fathers... Lock up Your Daughters - J.P. Yantha : (amazon & iTunes)



Sec 1. Sugar Foot, Touch, Step, Drag, Coaster Step, Heel Tap, Step

1&2 Knee pointed in touch Right toe beside left foot (1), Tap Right Heel forward on right diagonal (&), Touch Right toe beside left foot (2)
3-4 Make big step Right to right side (3), Drag Left foot up to right (4)
5&6 Step Left back (5), Step Right back beside left (&), Step Left forward (6)
7-8 Tap Right Heel forward (7), Step down on Right (8)

***Restart Here Wall 3...See note below**

Sec 2. Sugar Foot, Touch, Step, Drag, Coaster Step, Heel Tap, Cross Toe Tap

1&2 Knee pointed in touch Left toe beside right foot (1), Tap Left Heel Forward on left diagonal (&), Touch Left toe beside right foot (2)
3-4 Make big step Left to left side (3), Drag Right foot up to left (4)
5&6 Step Right back (5), Step Left back beside right (&), Step Right forward (6)
7-8 Tap Left heel forward (7), Cross Left across right tapping right toe (8)

Sec 3. Forward Shuffle, Rock/Recover, Toe Struts, Step, 1/4Turn Hitch

1&2 Step Left forward (1), Step Right up beside left (&), Step Left forward (2)
3-4 Step Right forward (3), Recover weight back on Left (4)
5&6& Step Right toe back (5), Step Right heel down (&), Step Left toe back (6), Step Left heel down (&)
7-8 Step Right back (7), Hitch Left knee up making ¼ turn right on Right foot (8) (3:00)

Sec 4. Side Shuffle, Rock/Recover, Scissor Step, Hip Bumps

1&2 Step Left to left side (1), Step Right beside left (&), Step Left to left side (2)
3-4 Step Right back (3), Recover weight forward on Left (4)
5&6 Step Right to right side (5), Step Left beside right (&), Cross Right over left (6)
7&8 Touch Left toe to left side bumping left hip left (7), Bump right hip to center (&), Bump Left hip to left side(8) (Weight stays on right)

Sec 5. Weave, Step Hitch, ¼ Turn Hitch, Shuffle Step Forward

1&2 Cross Left behind right (1), Step Right to right side (&), Cross Left over right (2)
3-4 Step Right to right side (3), Hitch Left knee up (4)
5-6 Step Left back (5), Turn ¼ Turn right (6:00) on left foot hitching Right knee up (6)
7&8& Step Right forward (7), Step Left beside right (&), Step Right forward (8), Step Left beside right (&)

****Restart Here Wall 6**

Sec 6. Wizard Steps, Heel Grind, Lock Step Back

1-2& On the Right diagonal...Step Right forward (1), Lock Left foot behind right (2), Step Right beside left (&)
3-4& On the Left diagonal...Step Left forward (3), Lock Right foot behind left (4), Step Left beside right (&)
5-6 Rocking forward onto Right heel (toe at 10:30) (5), Turn Toe right (to 2:30) rocking weight back on left foot (6)
7&8& Step Right back (7), Cross Left back across right (&), Step Right back (8), Cross Left back across right (&)

Restarts: Wall 3 & 6

*Wall 3 – Do first 7 Counts...substitute count 8 (Step) with a Touch
**Wall 6 – Do First 40 Counts...Then begin again

Enjoy!
