

# Lock Up Your Daughters

拍數: 48      牆數: 2      級數: Easy Intermediate  
編舞者: Brandi Hughes (CAN) - October 2016  
音樂: Fathers... Lock up Your Daughters - J.P. Yantha : (amazon & iTunes)



## Sec 1. Sugar Foot, Touch, Step, Drag, Coaster Step, Heel Tap, Step

1&2      Knee pointed in touch Right toe beside left foot (1), Tap Right Heel forward on right diagonal (&), Touch Right toe beside left foot (2)  
3-4      Make big step Right to right side (3), Drag Left foot up to right (4)  
5&6      Step Left back (5), Step Right back beside left (&), Step Left forward (6)  
7-8      Tap Right Heel forward (7), Step down on Right (8)

**\*Restart Here Wall 3...See note below**

## Sec 2. Sugar Foot, Touch, Step, Drag, Coaster Step, Heel Tap, Cross Toe Tap

1&2      Knee pointed in touch Left toe beside right foot (1), Tap Left Heel Forward on left diagonal (&), Touch Left toe beside right foot (2)  
3-4      Make big step Left to left side (3), Drag Right foot up to left (4)  
5&6      Step Right back (5), Step Left back beside right (&), Step Right forward (6)  
7-8      Tap Left heel forward (7), Cross Left across right tapping right toe (8)

## Sec 3. Forward Shuffle, Rock/Recover, Toe Struts, Step, 1/4Turn Hitch

1&2      Step Left forward (1), Step Right up beside left (&), Step Left forward (2)  
3-4      Step Right forward (3), Recover weight back on Left (4)  
5&6&      Step Right toe back (5), Step Right heel down (&), Step Left toe back (6), Step Left heel down (&)  
7-8      Step Right back (7), Hitch Left knee up making ¼ turn right on Right foot (8) (3:00)

## Sec 4. Side Shuffle, Rock/Recover, Scissor Step, Hip Bumps

1&2      Step Left to left side (1), Step Right beside left (&), Step Left to left side (2)  
3-4      Step Right back (3), Recover weight forward on Left (4)  
5&6      Step Right to right side (5), Step Left beside right (&), Cross Right over left (6)  
7&8      Touch Left toe to left side bumping left hip left (7), Bump right hip to center (&), Bump Left hip to left side(8) (Weight stays on right)

## Sec 5. Weave, Step Hitch, ¼ Turn Hitch, Shuffle Step Forward

1&2      Cross Left behind right (1), Step Right to right side (&), Cross Left over right (2)  
3-4      Step Right to right side (3), Hitch Left knee up (4)  
5-6      Step Left back (5), Turn ¼ Turn right (6:00) on left foot hitching Right knee up (6)  
7&8&      Step Right forward (7), Step Left beside right (&), Step Right forward (8), Step Left beside right (&)

**\*\*Restart Here Wall 6**

## Sec 6. Wizard Steps, Heel Grind, Lock Step Back

1-2&      On the Right diagonal...Step Right forward (1), Lock Left foot behind right (2), Step Right beside left (&)  
3-4&      On the Left diagonal...Step Left forward (3), Lock Right foot behind left (4), Step Left beside right (&)  
5-6      Rocking forward onto Right heel (toe at 10:30) (5), Turn Toe right (to 2:30) rocking weight back on left foot (6)  
7&8&      Step Right back (7), Cross Left back across right (&), Step Right back (8), Cross Left back across right (&)

**Restarts: Wall 3 & 6**

\*Wall 3 – Do first 7 Counts...substitute count 8 (Step) with a Touch  
\*\*Wall 6 – Do First 40 Counts...Then begin again

Enjoy!

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