

No Can Left Behind

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Low Improver
編舞者: Rob Holley (USA) - October 2016
音樂: No Can Left Behind - Cole Swindell : (CD: You Should Be Here - iTunes)



Intro: 16 counts after music starts (start on vocals)

[1-8] SIDE STEP, STEP TOGETHER, SIDE ROCK CROSS, SIDE, BEHIND, HEEL JACK, CROSS

1-2 Step R to R side, step L next to R,
3&4 Rock R to R side, recover weight on L, cross R over L
5-6 Step L to L side, step R behind L
&7&8 Step L next to R (&), touch R heel forward (7), step R next to L (&), step L forward (8)

[9-16] KICK BALL CROSS (X2), ¼ TURN RIGHT HEEL GRIND, COASTER

1&2 Kick R forward, step ball of R next to L, cross L next to R
3&4 Kick R forward, step ball of R next to L, cross L next to R
5-6 Touch R heel forward w/toe pointing slightly L, grind R heel R making 1/4 turn R weigh to L
 (3:00)
7&8 Step R back, step L back, step R forward

[17-24] TOE POINT, STEP FWD (X2), TOE POINT, STEP BACK (X2)

1-4 Point L toe to L side, step forward L, point R toe to R side, step forward R
5-8 Point L toe to L side, step back L, point R toe to R side, step back R

[25-32] COASTER STEP, FWD SHUFFLE, ¼ PIVOT, CROSSING SHUFFLE

1&2 Step L back, step R back, step L forward
3&4 Step forward R, step L next to R, step forward R
5-6 Step L forward, turn 1/4 R weight on R (6:00)
7&8 Step L across R, step R in place, step L across R
