

# One Word

**COPPER** KNOB  
STEPPERS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Kim Ray (UK) - October 2016  
音樂: You Had Me from Hello - Kenny Chesney



## #16 count intro

### S1: □ BACK, COASTER STEP, STEP PIVOT $\frac{3}{4}$ TURN LEFT, SIDE, EXTENDED WEAVE RIGHT, SWEEP

- 1 Step back on right
- 2&3 Step back on left, step right next to left, step forward on left
- 4&5 Step forward on right, pivot  $\frac{3}{4}$  turn left, step right to right side (3:00)
- 6&7& Cross left behind right, step right to right side, cross left over right, step right to right side
- 8 Step back on left and slightly behind right sweeping right out and back

### S2: □ BACK SWEEP, COASTER STEP, FORWARD ROCK/RECOVER, $\frac{1}{4}$ TURN RIGHT SWAY, SWAY LEFT, $\frac{1}{4}$ TURN RIGHT, FULL TURN RIGHT

- 1 Step back on right
- 2&3 Slightly sweeping left out and back step back on left, step right next to left, step forward on left
- 4&5 Rock forward on right, recover back on left,  $\frac{1}{4}$  right and sway to right side looking to right side (6:00)
- 6-7 Sway left looking to left side, as you sway back onto right  $\frac{1}{4}$  turn right (9:00)
- 8&  $\frac{1}{2}$  turn right stepping back on left,  $\frac{1}{2}$  turn right stepping forward on right (9:00)

### S3: □ STEP PIVOT $\frac{1}{2}$ TURN RIGHT, & STEP FORWARD, SIDE ROCK/RECOVER, CROSS, HINGE $\frac{1}{2}$ TURN LEFT, CROSS ROCK/RECOVER, SIDE, CROSS

- 1-2 Step forward on left, pivot  $\frac{1}{2}$  turn right (3:00)
- &3 Step left next to right, step forward on right
- 4&5 Rock left to left side, recover on right, cross left over right
- 6&  $\frac{1}{4}$  turn left stepping back on right,  $\frac{1}{4}$  turn left stepping left to left side (9:00)
- 7& Cross rock right over left, recover back on left
- 8& Step right to right side, cross left over right

### S4: □ NC BASIC RIGHT, $\frac{1}{4}$ TURN LEFT, FORWARD, FORWARD ROCK/RECOVER, SIDE ROCK/RECOVER, CROSS & TOGETHER

- 1 Large step to right to right side
- 2& Rock back on left, recover on right slightly crossing right over left
- 3-4  $\frac{1}{4}$  turn left stepping forward on left, step forward on right (6:00)
- 5&6& Rock forward on left, recover on right, rock left to left side, recover on right
- 7&8 Cross left over right, step right to right side facing left diagonal, step left next to right

### S5: □ CROSS, COASTER $\frac{1}{4}$ TURN RIGHT, $\frac{1}{2}$ TURN LEFT, CROSS ROCK/RECOVER, & CROSS, $\frac{1}{2}$ TURN RIGHT, CROSS

- 1 Cross right over left
- 2&3  $\frac{1}{4}$  turn right stepping back on left, step right next to left, cross left over right (9:00)
- 4&  $\frac{1}{4}$  turn left stepping back on right,  $\frac{1}{4}$  left stepping left to left side (3:00)
- 5-6 Cross rock right over left, recover back on left
- &7 Step right next to left, cross left over right
- &8&  $\frac{1}{4}$  turn left stepping back on right,  $\frac{1}{4}$  turn left stepping left to left side, cross right over left (9:00)

### S6: □ NC BASIC LEFT, NC BASIC RIGHT, $\frac{1}{4}$ TURN LEFT FORWARD ROCK/RECOVER, & FORWARD ROCK/RECOVER, REVERSE FULL TURN RIGHT

- |      |   |
|------|---|
| 1-2& | Large step left to left side, rock back on right, recover on left slightly crossing left over right                         |
| 3-4& | Large step right to right side, rock back on left, recover on right slightly crossing right over left                       |
| 5-6& | ¼ left and rock forward on left, recover back on right, step left next to right (6:00)                                      |
| 7&   | Rock forward on right, recover back on left   |
| 8&   | ½ turn right stepping forward on right, ½ turn right stepping back on left (alternative: run back on right and left) (6:00) |

**TAG at end of wall 2 facing front**

**BACK, COASTER STEP, SYNCOPATED PIVOT ½ TURN LEFT, PIVOT & TURN LEFT, & FORWARD  
ROCK/RECOVER**

- |     |  |
|-----|--|
| 1   | Step back on right (12:00)   |
| 2&3 | Step back on left, step right next to left, step forward on left       |
| 4&5 | Step forward on right, pivot ½ turn left, step forward on right (6:00) |
| 6-7 | Step forward on left, pivot ½ turn right (12:00)                       |
| &8& | Step left next to right, rock forward on right, recover back on left   |

**To finish – dance up to counts 4& S5 making the last ¼ turn left a ½ turn left to face front.**

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**Last Update – 5th Oct 2016**

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