

Jitterbug

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Improver
編舞者: Maureen Sheppard (UK) - October 2016
音樂: Jitterbug Jive - Dave Sheriff : (CD: A Good Old Country Song)



Begin on vocals – 48 counts from start of track. - Progresses Clockwise

S1: RIGHT "K" STEP, SCUFF,

1 - 2 Step Right forward to Right diagonal, Touch Left toe next to Right,
3 - 4 Step Left back to Left diagonal, Touch Right toe next to Left,
5 - 6 Step Right back to Right diagonal, Touch Left toe next to Right,
7 - 8 Step Left forward to Left diagonal, Scuff Right forward,

S2: TOE STRUTS RIGHT & LEFT, HIP BUMPS,

1 - 2 Touch Right toe forward, Snap Right heel down,
3 - 4 Touch Left toe forward, Snap Left heel down,
5, 6, 7, 8 Bump hips Right, Left, Right, Left,

S3: RIGHT FORWARD MAMBO, HOLD, LEFT COASTER STEP, HOLD,

1, 2, 3, 4 Rock forward onto Right, Recover weight to Left, Step Right in place next to Left, Hold,
5, 6, 7, 8 Step Left back, Step Right next to Left, Step Left forward, Hold,

S4: PIVOT ¼ LEFT, STEP, HOLD, PIVOT ½ RIGHT, STEP, HOLD,

1, 2, 3, 4 Touch Right toe forward, Swivel ¼ turn to the Left, weight on Left, Step Right forward, Hold,
(9.00)
5, 6, 7, 8 Touch Left toe forward, Swivel ½ turn to the Right, weight on Right, Step Left forward, Hold,
(3.00)

S5: DWIGHT STEPS (RIGHT TOE, HEEL, TOE, HEEL), RIGHT SCISSOR STEP,

1, 2, 3, 4 With weight on Left, and while swivelling Left heel, toe, heel, toe to the Right, Touch Right
toe, heel, toe, heel, to Left instep,

*Option: With weight on Left, Touch Right heel, toe, heel, toe, to Left instep, omitting the swivels on the Left.

5, 6 Step Right out to Right side, Step Left in place next to Right,
7, 8 Cross step Right in front of Left, Hold, (weight on Right)

S6: STEP OUT LEFT, HOLD, OUT RIGHT, HOLD, SWIVELS IN HEELS TOES HEELS, HOLD,

1, 2, 3, 4 Step Left out to Left forward diagonal, Hold, Step Right out to Right forward diagonal, Hold,
5, 6, 7, 8 Swivel both heels in towards centre, Swivel both sets of toes in towards centre, Swivel both
heels in towards centre, Hold. Weight ends on Left.

Repeat.

To finish facing the front wall, change the final four counts to a Left mambo rock forward with ½ turn Left, stepping forward onto Left, and Pose. Taa Daaaaaaa! ... ;-)

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