

Tonight Josephine

COPPER KNOB
BY STEPHEN METZ

拍數: 64 牆數: 2 級數: Improver
編舞者: Rita Macinskiene (LIT) - May 2016
音樂: Pantaloons by Tape Five (YouTube: 3:30 mins)



Intro: start on the word "Magic", facing L diagonal
Counts 1-24 are danced the diagonal direction (backward and forward)

(1-8) Steps backward L,R, Triple ½ turn L, Steps fwd R,L, Rock R, recover, back

1-4 Step L back (1), step R back (2), step L to L side with ¼ turning L (3), step R next to L (&),
step L fwd with ¼ turning L (4)
5-8 Step R fwd (5), step L fwd (6), rock R fwd (7), recover on L (&), step R back (8)

(9-16) Steps backward L,R, Triple ½ turn L, Steps fwd R,L, Rock R, recover, step R next to L

1-4 Step L back (1), step R back (2), step L to L side with ¼ turning L (3), step R next to L (&),
step L fwd with ¼ turning L (4)
5-8 Step R fwd (5), step L fwd (6), rock R fwd (7), recover on L (&), step R next to L (8)

(17-24) L "charleston", R "charleston"

1-4 Touch L fwd (1), touch L back (2), touch L fwd (3), step L next to R (4)
5-8 Touch R fwd (5), touch R back (6), touch R fwd (7), flick R back / R side (12:00)

(25-32) Cross and side to L side x 4, ½ turn L (like the penguin), touch R to R side

1-4 Cross R over L (1), step L next to R (&), cross R over L (2), step L next to R (&), cross R over
L (3), step L next to R (&), cross R over L (4)
5-8 Turn ½ L with changing weight: L (5), R (&), L (6), R (7), L (&) (like the penguin), touch R to R
side (8) (6:00)

(33-40) Repeat counts 25-32

(41-48) Steps fwd R,L,R and touches to sides L,R,L, Step L back, touch R to R side (12:00)

1-4 Step R fwd slightly over L (1), touch L to L side (2), step L fwd slightly over R (3), touch R to
R side (4),
5-8 Step R fwd slightly over L (5), touch L to L side (6), step L back slightly behind R (7), touch R
to R side (8)

(49-56) Walk backward R,L, Coaster step R, Kicks to sides R,L (like a pendulum), Bend and stretch knees x 2

1-4 Step back R (1), step back L (2), step back R (3), close L next to R (&), step R fwd (4)
5-8 Step L next to R at the same time lift straighten R to R side (5), step R next to L at the same
time lift straighten L to L side (6) (like a pendulum), bend and stretch knees (7), bend and
stretch knees (8)

(57-64) Turn 1/4 L, turn 1/8 L sweeping R around, Roll knees counter clockwise x 2, Small steps on balls fwd

1-4 With weight on L ball make 1/4 turn L sweeping R around (1), put R on ball next to L (2), with
weight on L ball make 1/8 turn L sweeping R around (3), close R next to L (4)
5-8 Roll knees counter clockwise (5-6), small step R on ball fwd in front of L (7), small step L on
ball fwd in front of R (&), small step R fwd in front of L (8)

Contact: rit.macin@gmail.com