

# Gangsta Walk

拍數: 32      牆數: 4      級數: Improver  
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音樂: Gangsta Walk by Nate Dogg



Intro:  Start on Everybody do the Gangsta Walk...

Note:  Restart on the 7th wall after 16 counts

## [1 – 8] Walk Forward, Mambo Step, Walk Back, Pose, Knee Pops

- 1 - 2            Step R forward (1) Step L forward (2)  12:00  
3 & 4            Rock R forward (3) Recover back on L (&) Step R back (4)  12:00  
5 - 6            Step L back (5), Step R back (6)  12:00  
7 & 8            Step L back and fold both arms in front of body (7), Pop both knees forward and lift head up (&) Knees back to centre and head facing forward (8)  12:00

## [9 – 16] Rock Cross, Sweep, Weave, Hop 4x Left

- 1 - 2            Rock R in front of L (1), Step L backwards and sweep R from front to back (2)  12:00  
3&4            Cross R behind L (3) Step L to left side (&), Cross R in front of L (4)  12:00  
5 - 6            Hop with both feet to the left (5), Hop with both feet to the left (6)  12:00  
7 - 8            Hop with both feet to the left (7), Hop with both feet to the left (8)  12:00

## [17 – 24] Out, Out, ¼ Turn R, In, In, Camel Walk

- 1 - 2            Step R out diagonally forward to R side (1), Step L out to left side (2)  12:00  
3 - 4            Turn ¼ R and step R backwards (3), Step L next to R (4)  3:00  
5 - 6            Step R forward and bend L knee (5) Step L forward and bend R knee (6)  3:00  
7 - 8            Step R forward and bend L knee (7) Step L forward and bend R knee (8)  3:00

## [25 – 32] Syncopated Rock steps, Knee pops with ½ Turn L

- 1 - 2 &            Rock R forward (1) Recover back on L (2) Step R next to L (&)  3:00  
3 - 4 &            Rock L forward (3) Recover back on R (4) Step L next to R (&)  3:00  
5 - 6            Step R forward begin to start the ½ turn L and Pop both knees (5), Turn 1/8 L and Pop both knees (6)  1.30  
7 - 8            Turn 1/8 L and Pop both knees (7) Turn 1/4 L and Pop both Knees (8)  9:00

START AGAIN AND HAVE FUNNNN

Restart  Restart after the 7th wall after count 16