

My Island Lady

COPPERKNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Jack Koopman (NL) & Frankie Ray Merchant (NL) - September 2016
音樂: My Island Lady - Richard Parker



Starting on the beat after 16 counts

Mambo step x 4

1 RF rock fwd
& LF recover
2 RF step beside LF
3 LF rock back
& RF recover
4 LF step beside RF
5 RF rock to right
& LF recover
6 RF step beside LF
7 LF rock to left
& RF recover
8 LF step beside RF

Weave, rumba box, R Lockstep back

1 RF step right
& LF cross behind RF
2 RF step right
& LF cross in front of RF
3 RF step right
& LF step beside RF
4 RF step fwd
5 LF step left
& RF step beside LF
6 LF step back
7 RF step back
& LF step hook in front of RF
8 RF step back

Triple ¼ turn left, kickball step, cross rock, step together

1 LF ¼ turn left step to left
& RF step beside
2 LF ¼ turn left step fwd (6)
3 RF kick fwd
& RF step beside LF
4 LF recover
5 RF rock in front of LF
& LF recover
6 RF step beside LF
7 LF rock in front of RF
& RF recover
8 LF step beside RF

Touch ¼ paddle left x 3, step, touch ¼ paddle x3, step

1 RF touch toe fwd

& R&L ¼ paddle turn left
2 RF touch toe fwd
& R&L ¼ paddle turn left
3 RF touch toe fwd
& R&L ¼ paddle turn left
4 RF step fwd (9)
5 LF touch toe fwd
& L&R ¼ paddle turn right
6 LF touch toe fwd
& L&R ¼ paddle turn right
7 LF touch toe fwd
& L&R ¼ paddle turn right
8 LF step fwd (6)

Start again: many pleasure
