

All Over Me

拍數: 32 牆數: 4 級數: Improver
編舞者: Arthur Van Houten (NL) - September 2016
音樂: All Over Me - Gary P. Nunn



Section 1: Charleston, Kick ball step, Pivot ¼ Cross

1-2 Sweep, Touch right forward, Sweep, Step right back
3-4 Sweep, Touch left back, Sweep, Step left forward
5&6 Kick right forward. Step right in place. Step left forward
7&8 Step right forward, Turn ¼ left. Cross right over left

Section 2: Point, Touch, Point, Behind Side Cross, Side Rock, Behind Side Cross

1&2 Touch left toe to left side. Touch left toe beside right. Touch left toe to right side
3&4 Cross left behind right. Step right to right side. Cross left over right
5-6 Rock right to right side, Recover on left
7&8 Cross right behind left. Step left to left side. Cross right over left

Section 3: Rocking chair, Step Lock Step, Shuffle ½ Left, Mambo Back

1&2& Rock left forward. Recover on right. Rock left back. Recover on right
3&4 Step left forward. Lock right behind left. Step left forward
5&6 Shuffle ½ Turn left. Stepping (R L R)
7&8 Rock left back. Recover on right. Step left forward

Section 4: Heel Strut forward X2, Pivot ½, Kick Ball Cross, Step, Slide Touch

1&2& Touch right heel forward. Drop right toe to floor. Touch left heel forward. Drop left toe to the floor
3&4 Step right forward. Turn ½ left. Step right forward
5&6 Kick left forward. Step left in place. Cross right over left
7-8 Big step with left to the left. Slide with right next to left. Touch right next to left

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