

Ex's & Oh's

拍數: 48 牆數: 4 級數: Phrased High Beginner
編舞者: Ema Ambunsuri (INA) - September 2016
音樂: Ex's & Oh's - Elle King



Start after 16 counts, Seq: A,A,B,B,A,A(16 counts only) Restart. A,A ,B,B,A,A,A,B,B,A,A,A(14 counts)

A. Section - 32 counts.

Session Ai: Grapevine, Step In Place, Touch

- 1 - 2 Step R To Side - Cross L Behind R
- 3 - 4 Step R To Side - Touch L
- 5 - 6 Step L In Place - Touch R Slightly Diagonal
- 7 - 8 Step R In Place - Touch L Slightly Diagonal

Session Aii: Grapevine, Step In Place, Touch

- 1 - 2 Step L To Side - Cross R behind L
- 3 - 4 Step L To Side - Touch R
- 5 - 6 Step R In Place - Touch L Slightly Diagonal
- 7 - 8 Step L In Place - Touch R Slightly Diagonal

Session Aiii: Out , Out , In , In , Pivot 1/2 Left, Forward Turn 1/4 Left

- 1 - 2 Step R Diagonal Forward (pushing R hip) - Step L Diagonal Forward (pushing L Hip)
- 3 - 4 Back R - Close L Beside R
- 5 - 6 Step R Forward (Turn 1/2 Left) - Recover on L
- 7 - 8 Long R Forward (Turn 1/4 Left) - Recover On L

Session Aiv: Kick Diagonal Forward, Back ,Walk Walk, Twist , Forward, Touch

- 1 - 2 Kick R Diagonal Forward - Cross Back R
- 3 - 4 Forward L - Forward R
- 5 - 6 Twist Both R-L
- 7 - 8 Forward L - Touch R beside L

B. Section - 16 counts

Session Bi. Forward , Pivot 1/2.Walk ,Walk , Rocking Chair

- 1 - 2 Forward R (Turn left 1/2 Left) , Recover on L
- 3 - 4 Walk R-L
- 5 - 6 Forward R - Recover on L
- 7 - 8 Back Ward L - Recover on R

Session Bii Cross, Side Step, Touch heel, Step In Place, Cross, Side Step, Touch Heel, Step In Place

- 1 - 2 Cross R over L , Step L to Side
- 3 - 4 Touch Heel L , Step L In Place
- 5 - 6 Cross L over R , Step R to Side
- 7 - 8 Touch Heel R , Step R In Place

Contact: ema.ambunsuri@gmail.com