

Culcha Candela

拍數: 80 牆數: 1 級數: Phrased High Intermediate
編舞者: Elis Sumarah (INA) - September 2016
音樂: La Bomba (feat. Roldan) - Culcha Candela



Intro : 16 count - Sequence : ABABBBABBB

Part A – 48 Count

A.1: cross turn $\frac{1}{4}$ R, flick step forward L, trun $\frac{1}{2}$ L Back shuffle – Rock recover side chasse L

- 1-2-3 cross R over L, turn $\frac{1}{4}$ R flick L, step L forward (3:00)
- 4 & 5 Turning $\frac{1}{2}$ L step back R, step L beside R, step R back (9:00)
- 6 – 7 step L back, recover onto R
- 8 & 1 turn $\frac{1}{4}$ R, step L to L side, close R next to L, step L to L side

A.2: Rock back recover - Hip roll

- 2 & 3 Step R back behind L, recover onto L, step R to R side
- 4 & 5 Step L back behind R, recover onto R, step L to L side
- 6 - 8 hip roll until lock wise (weight onto left)

A.3: Diagonal lock shuffle R/L, grapvine cross

- 1 & 2 Diagonal lock shuffle R,L,R (1:30)
- 3 & 4 Diagonal lock shuffle L,R,L (11:30)
- 5 – 6 Cross R over L, step L to L side
- 7 & 8 Step R behind L, step L to L, cross R over L

A.4: Rock recover – sailor $\frac{1}{4}$ turn R – turn $\frac{1}{2}$ R – turn $\frac{1}{2}$ L

- 1 – 2 step L to L side, recover onto R
- 3 & 4 step L behind R, turn $\frac{1}{4}$ R step R forward, step L forward (3:00)
- 5 & 6 step R forward, recover onto L, turn $\frac{1}{2}$ R step R forward (9:00)
- 7 & 8 step L forward, recover onto R, turn $\frac{1}{2}$ L step L forward (3:00)

A.5: cross rock recover- R and L

- 1&2&3&4 cross R over L, recover on L step R to R side, recover on L Cross R over L, recover on L step R to R side
- 5&6&7&8 cross L over R, recover on R step L to L side, Recover on L cross L over R, recover on R long drag L to L side

A.6: Sailor turn $\frac{1}{4}$ L pivot $\frac{1}{2}$ R, slep R touch L & body roll

- 1 & 2 step R behind L, turn $\frac{1}{4}$ L step forward L, step R forward (12:00)
- 3 & 4 step L forward, pivot $\frac{1}{2}$ R step L forward (6:00)
- 5 - 6 step R to R side, touch L beside R
- 7 - 8 body roll

Part B. 32 Count

B.1: Step L side – step R back – recover on L forward lock shuffle turn $\frac{1}{4}$ R, cross shuffle

- 1-2-3 step L to L side, step R back, recover on L (6:00)
- 4 & 5 forward lock shuffle R,L,R
- 6 – 7 step L forward, trun $\frac{1}{4}$ R (9:00)
- 8 & 1 step L over R, step R to R side, step L over R

B.2: Mambo cross – side chasse – trun $\frac{1}{4}$ R step back-forward lock shuffle

- 2 & 3 step R to R side, step L in place, cross R over L
- 4 & 5 step L to L side, step R beside L, step L to L side

6 – 7 trun ¼ R step R back, recover on L (12:00)
8 & 1 forward lock shuffle R,L,R

B.3: □ Cross L step R – sailor step – touch Hip bumb R and L

2 - 3 cross L over R, step R to R side
4 & 5 step L behind R, step R in place, step L to L side
6 & 7 touch R forward with hip bumb up and down
8 & 1 touch L forward with hip bumb up and down

B.4: □ Step cross rock recover – full turn – hip and body roll together

2 & 3 cross R over L, recover onto L, step R to R side
4 & 5 cross L over R , recover onto R, step L to L side
6 - 7 turn 1/2 L step R to R side, turn 1/2 L step L to L side
8 & step R beside L, body roll

Special thanks to Paddy for a nice song

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