

# Good to be Alive

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Absolute Beginner  
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音樂: Good To Be Alive - Meghan Trainor



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## Section 1: Sway, Hold X4 (Clapping hands overhead)

1-4      Sway R to side, Hold, Sway L to side, Hold,  
5-8      Sway R to side, Hold, Sway L to side, Hold.

## Section 2: Rocking chair, 1/4 turn, Flick, Step-lock-step

1-4      Rock R forward, Recover L, Rock R back, Recover L,  
5 6 7&8      Step R forward, Turn 1/4 left & flick L back, Step R forward, Lock L behind R, Step R forward.

## Section 3: Toe strutt X2, Jazz box

1-4      Step L toe forward, Step on L, Step R toe forward, Step on R,  
5-8      Cross L over R, Step R back, Step L to side, Cross R over L.

## Section 4: Rock, Recover X2 Step, Toe tap, Heel tap, Flick

1-4      Rock L to side, Recover R, Cross rock L over R, Recover R,  
5-8      Step L to side, Tap R toe in, Tap R heel out, Flick L back.

**Begin Again! Enjoy!**

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