

Rock With Mike And Evonne

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Evonne Ng (MY) - September 2016
音樂: Rocking John - Mike Lane



Intro □: 16 counts

(1-8)□: Monterey ¼ turn, touch step, touch hold

1 2 Touch right toe to right side, ¼ turn right step right foot next to left foot
3 4 Touch left toe out to left side, hold
& 5 6 Step left foot next to right foot, touch right toe out to right side, hold
& 7 8 Step right foot next to left foot, touch left toe out to left side, hold

(9-16)□: Forward shuffle left and right, rock recover ½ turn forward shuffle

1 & 2 Step left foot forward, lock right foot behind left foot, step left foot forward
3 & 4 Step right foot forward, lock left foot behind right foot, step right foot forward
5 6 Step left foot forward, replace weight on right foot
7 & 8 ½ turn left, step left foot forward, lock right foot behind left foot, step left foot forward

(17-24)□: Right toe, Heel cross over Hold, Left toe, Heel, Cross over, hold

1 2 Touch right toe together, touch right heel to right side
3 4 Cross right foot over left foot, hold
5 6 Touch left toe together, touch left heel to left side
7 8 Cross left foot over right foot, hold

(25-32)□: Jazz box ¼ Turn right x 2

1 2 Cross right foot over left foot, step left foot back
3 4 Step right foot to right side ¼ turn right, cross left foot over right foot
5 6 Cross right foot over left foot, step left foot back
7 8 Step right foot to right side ¼ turn right, cross left foot over right foot

(33-40)□: Stomp right, Swivel heel, Toe, Heel, Stomp left, Swivel heel, Toe, Heel

1 2 Stomp right foot forward to right diagonal, swivel left heel towards right heel
3 4 Swivel left toe towards right heel, swivel left heel towards right heel
5 6 Stomp left foot forward to left diagonal, swivel right heel towards left heel
7 8 Swivel right toe towards left heel, swivel right heel towards left heel

(41-48)□: Jump forward and back, Flick step x 2

1 2 Step right foot forward, step left foot next to right foot
3 4 Step right foot back, step left foot next to left foot
5 6 Flick right foot to right side, step right foot next to left foot
7 8 Flick left foot to left side, step left foot next to right foot

(49-56)□: Chasse right, Rock recover, Chasse Left, Rock recover

1 2 Step right foot to right side, step left foot next to right side, step right foot to right side
3 4 Step left foot back, replace weight on right foot
5 6 Step left foot to left side, step right foot next to left foot, step left foot to left side
7 8 Step right foot back, replace weight on the left foot

(57-64): Pivot ½ Turn left x 2

1 2 Step right foot forward
3 4 Step left foot forward ½ turn left

5 6 Step right foot forward
7 8 Step left foot forward ½ turn left

*** Restart: On wall 4 & 7, dance up to count 40 then restart**
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