

The Road

拍數: 48 牆數: 4 級數: Intermediate
編舞者: JR Landry (UK) - September 2016
音樂: The Road - Aaron Lewis



Section 1: □L-Heel Tap x2, L-Toe Tap x2, L-Heel, L-Toe, L-Step

1,2 Left heel tap forward x2
3,4 Left toe tap back x2
5,6,7 Left heel forward, left toe back, left heel forward
8 Step left next to right, transferring weight to left foot

Section 2: □R-Heel Tap x2, R-Toe Tap x2, R-Heel, R-Toe, R-Toe

1,2 Right heel tap forward x2
3,4 Right toe tap back x2
5,6,7,8 Right heel forward, right toe back, right heel forward, right toe back

Section 3: □Charleston Step, R-Step, L-Kick, L-Step, L-Toe x2

1,2 Step right next to left, kick forward left
3,4 Step left next to right, right toe touch back
5,6 Step right next to left, kick forward left
7,8 Step left next to right, right toe touch back

Section 4: □Vine RLR, Vine LRL

1,2,3,4 Vine right, left, right, brush left
5,6,7,8 Vine left, right, left, brush right

Section 5: □Forward RLR, Forward LRL

1,2,3,4 Moving forward step right, cross left behind right, step forward right, brush left
5,6,7,8 Moving forward step left, cross right behind left, step forward left, brush right (turning body 1/4 left)

Section 6: □R-Side Rock, Recover, Cross and Hold L-Side Rock, Recover, Cross and Step

1,2,3,4 Side rock with right, recover to left, step crossing over left with right, hold for one count
5,6,7,8 Side rock with left, recover to right, step crossing over right with left, step right next to left, transferring weight to right foot

END

Contact: j.r.landryjr@outlook.com