

Shakin' Bacon (-aka- Schuttel Dein Speck)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
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音樂: Schuttel dein Speck by Peter Fox



Intro 32 counts,

Dance has an easy 16 count Tag before wall 1 after 32 count intro, end of wall 3 and end of wall 7 as an ending

Section 1: □ STOMP, HOLD, CROSS SHUFFLE, CROSS BACK SIDE, CROSS BACK SIDE

1,2,3&4 Stomp LF to L, Hold, Cross RF over LF, Step LF to L, Cross RF over LF
5&6 Cross LF over RF, Step RF back, Step LF to L side
7&8 Cross RF over LF, Step LF back, Step RF to R side

Section 2: □ ROCK RECOVER, ¾ TURN SHUFFLE, SIDE TOUCH R & L, FWD TOUCH R & L

1,2,3&4 Rock fwd on LF, Recover to RF, Make ¾ turn over L shoulder as you shuffle LRL
5&6&7&8& Touch RF to R, Close RF to LF, Touch LF to L, Close LF to RF, Press RF fwd, Close RF to LF, Press LF fwd, Close LF to RF

Section 3: □ R CROSS SIDE ROCK, L CROSS SIDE ROCK, FULL TURN WALK R L R L

1&2 Cross RF over LF, Rock LF to L, Recover weight to RF,
3&4 Cross LF over RF, Rock RF to R, Recover weight to LF
5,6,7,8 Walk a full circle over R shoulder R, L, R, L

Section 4: □ ¼ TURN JAZZ BOX, R HIP BUMP, L HIP BUMPS

1,2,3,4 Cross RF over LF, Make a ¼ turn R as you step back on LF, step RF to R, Step LF fwd
&5&6 Touch RF fwd as you bump R hip up, Bring R hip down, Bump R hip up, Step down on RF
&7&8& Touch LF fwd as you bump L hip up, Bring hip down, Bump L hip up, Bring hip down, Bump hip up again weight is on RF to start with a LF stomp

***16 count Tag: □ Hand rolls with hip bumps & Slow and fast hip bumps**

[1-8] □ Roll right and left hand over each other as you bump hip L x 4. Repeat to R

1,2,3,4 Bump Hips R L R L
&5&6&7&8 Bump hips faster R, L x 4.

You can do this as fast as you want as long as weight end on RF

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