

Gonna Rattle Gonna Shake

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Low Intermediate
編舞者: Helaine Norman (USA) - September 2016
音樂: The Jodimars - Rattle My Bones Lot'sa Love - Capitol F3436 1956



Intro: 24 counts/on vocal - NO TAGS OR RESTARTS

The "Rattle My Bones" song is followed by a second song, "Lot'sa Love" on the same track. Stop the music when the first song ends.

SECTION 1: □K-STEP

1-2 Step right diagonally forward, touch left together
3-4 Step left diagonally back, touch right together
5-6 Step left diagonally back, touch right together
7-8 Step right diagonally forward, touch left together

SECTION 2: □KICK KICK STEP, KICK KICK STEP

1-2 Kick right forward twice
3-4 Step right beside, hold
5-6 Kick left forward twice
7-8 Step left beside, hold

SECTION 3: □REPEAT SECTION 1

SECTION 4: □REPEAT SECTION 2

SECTION 5: □BUNNY HOPS, MONTEREY TURN

&1-2 Small jump right forward, step left beside, hold
&3-4 Small jump right back, step left beside, hold
5-8 Touch right side, turn ¼ right and step right together, touch left side, step left together

SECTION 6: □CLOSED JAZZ BOX, CLOSED JAZZ BOX TURN

1-4 Closed jazz box in place
5-8 Closed jazz box turning ¼ right

SECTION 7: □CHARLESTON

1-2 Touch right forward, hold
3-4 Step right back, hold
5-6 Touch left back, hold
7-8 Step left forward, hold

Styling option: Can perform sweep motion before each touch and each step.

SECTION 8: □½ TURN, ¼ TURN

1-4 Step right forward, hold, turn ¼ left (weight to left), hold
5-8 Step right forward, hold, turn ¼ left (weight to left), hold

Begin dance again.

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