

Bom Bom

拍數: 64 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - September 2016
音樂: Bom Bom - Sam and the Womp : (iTunes)



(Intro: 24 counts)

[S1] L Syncopated-Weave, Cross Side 1/4R Side, R Syncopated-Weave, R Heel Jack

1&2& R cross over L, L step to side, R behind L, L step to side
3&4 R cross over L, L step to side, turn 1/4R step to side on right
5&6& L cross over R, R step to side, L behind R, R step to side
7&8& L cross over R, R step to side, L heel diagonally fwd, change weight on L (3:00)

[S2] R Kick-Ball Cross, Side Rock, 1/4R Side, Hop Back Hop Back, Bounce Anchor Step

1&2 Kick R fwd, step R together, cross L over R
3&4 Step R to side, recover weight on L, turn 1/4L step R to side
5 6 Step L diagonally hop back, step R Diagonally hop back
7&8 Step L back then hitch R front of L, step R front, Step L back then hitch R front of L (12:00)

[S3] Mambo Back, Mambo Fwd, Back, 1/2L, Triple Turn

1&2 Rock R back, replace weight on L, step R fwd
3&4 Rock L fwd, replace weight on R, step L back
5 6 Step R back, turn 1/2L and step L fwd
7&8 Step R fwd, turn 1/2L L in place, turn 1/2L R in place (6:00)

[S4] Side Chasse, 1/4 Side, 1/4 Side, 1/4 Side Chasse, Cross Touch, Side Touch

1&2 Step L to side, R together, step L to side
3 4 Turn 1/4R step R side, turn 1/4R step L side (12:00)
5&6 Turn 1/4R step R to side, L together, step R to side
7 8 Touch L cross over R, touch L to L side (3:00)

[S5] 1/4 Coaster Cross, Diagonal Rocking Chair, Stair step,

1&2 Turn 1/4L step back on L, step R next to L, step L over R (12:00)
3&4& R Diagonally step fwd R, recover weight on L, L diagonally step back R, recover weight on left
5 6 7 8 Step R to side, turn 1/4L step L to side, 1/4R step R to side, 1/4L step L to side (9:00)

[S6] 1/4R, 1/4R, Hook Full Spin, Fwd, 3/4R Windmill

1 2 Turn 1/4R step R side, turn 1/4R step L fwd then start to spin
3 4 Step R fwd then L full spin weight on R (hook L), step L fwd (3:00)
5 6 Step R fwd, L fwd then 1/4R paddle turn step R in place,
7 8 Step L fwd then 1/4R turn step R in place, step L fwd then 1/4R turn step R in place(12:00) *

[S7] Heel, 1/4R Double Heel, 1/4L Heel Drop, Scuff Side, Knee in-out, 1/4 Turning Samba Back

1&2 L heel fwd, step L beside R, turn 1/4R R heel fwd (3:00)
3&4& R heel fwd, step R beside L, turn 1/4L L heel fwd, drop L toe (12:00)
5&6& Scuff R, step R to side, left knee in, left knee out
7&8 Turn 1/4L step L back, R to side (slightly back), L next to R (9:00)

[S8] Jumping K step, Split, Hold, 2x Sway, Together

1&2& Jump diagonally R fwd, touch L next to R, Jump diagonally L back, touch R next to L
3&4& Jump diagonally R back, touch L next to R, Jump diagonally L fwd, touch R next to L
5-6 Split feet side-to-side shoulder length, hold

7 8& Sway L, sway R, step L next to R (9:00) **

Tag:

After Wall2: repeat the last 8 counts (S8) (6:00)

Wall5: (last wall), step change ** instead of count 63 64& (2x sway, together)

Sway LR, (count 63 64) (12:00) then repeat the last 16 counts (S7 & S8) (finish at 9:00)

Restart : Wall 3, count 48 weight on L, start dance at 6:00 o'clock*

Please contact me for demo and walk-through. I will send via e-mail as an attachment.

Contact: (hirokoclinedancing@gmail.com)
