

Best Thing

拍數: 48 牆數: 4 級數: Beginner / Improver
編舞者: Séverine Fillion (FR) - September 2016
音樂: Best Thing - Steve Moakler



Intro : 48 counts - (No Tag, No Restart)

[1-8] SIDE POINT, TOUCH TOGETHER, HEEL, HOOK, ROCKING CHAIR

1-2 Touch right toe to right side, Touch right toe next to left
3-4 Touch right heel fwd, Hook right cross over left leg
5-6 Rock step right fwd, recover on left
7-8 Rock back on right, recover on left

[9-16] STEP LOCK STEP FWD, SCUFF, SIDE, TOUCH, SIDE TOUCH

1-4 Right fwd, "lock" left cross behind right, right fwd, Scuff left
5-6 Left step to left side, Touch right next to left
7-8 Right step to right side, Touch left next right

[17-24] VINE TO LEFT, SCUFF, VINE TO RIGHT ¼ TURN RIGHT, HOLD

1-4 Left to left, right cross behind left, left to left, Scuff right
5-8 Right to right, left cross behind right, ¼ turn right stepping right fwd, hold 3:00

[25-32] STEP FWD, CLAP, STEP FWD, CLAP, STEP LOCK STEP FWD, HOLD

1-2 Left step fwd, Clap
3-4 Right step fwd, Clap
5-8 Left fwd, "lock" right cross behind left, left fwd, hold

[33-40] STEP ½ TURN STEP, HOLD, STEP LOCK STEP FWD, HOLD

1-4 Right step fwd, Turn ½ left, right step fwd, hold 9:00
5-8 Left fwd, "lock" right cross behind left, left fwd, hold

[41-48] SIDE MAMBO RIGHT, HOLD, SIDE MAMBO LEFT, HOLD

1-4 Rock step right to right, recover on left, right next to left, hold
5-8 Rock step left to left, recover on right, left next to right, hold

START AGAIN & ...ENJOY!!
