

Don't Be Shy

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Sally Hung (TW) - September 2016
音樂: Sho Jia Men Gia (小姐免驚) - Wu Bai (伍佰) & China Blue



Sequence Of Dance: Restart After Finishing S2 Of Wall 3, Facing 6:00

Intro: After Shouting 1,2,3,4, Then Start To Dance (16 Counts From Heavy Beats)

S1. R SIDE TOE STRUT, CROSS TOE STRUT, CHASSE R, BACK ROCK, RECOVER

1,2,3,4 Tap R toe to R side, drop R heel, tap L toe over R, drop L heel
5&6,7,8 Step R to R side, step L next to R, step R to R side, back rock L, recover onto R

S2. SIDE, BEHIND, SIDE, CROSS, CHASSE L, BACK ROCK, RECOVER

1,2,3,4 Step L to L side, cross step R behind L, step L to L side, cross step R over L
5&6,7,8 Step L to L side, step R next to L, step L to L side, back rock R, recover onto L

S3. KICK BALL CROSS (X2), SIDE ROCK, RECOVER, BACK ROCK, RECOVER

1&2,3&4 Kick R fwd to R diagonal, step down on ball of R, cross step L over R, kick R fwd to R diagonal, step down on ball of R, cross step L over R
5,6,7,8 Rock R to R side, recover onto L, rock back on R, recover onto L

S4. SIDE ROCK R, SIDE ROCK L, BACK ROCK, RECOVER, FWD, TOUCH

1,2&3,4 Rock R to R, recover to L, step R next to L, rock L to L, recover to R
5,6,7,8 Rock back on L, recover to R, step L fwd, touch R beside L

S5. CROSS ROCK, RECOVER, CHASSE R, CROSS ROCK, RECOVER, CHASSE L

1,2,3&4 Cross rock R over L, recover onto L, step R to side, step L together, step R to side
5,6,7&8 Cross rock L over R, recover onto R, step L to side, step R together, step L to side

S6. FULL TURN IN A COUNTER CLOCKWISE DIRECTION BY WALK WALK SHUFFLE FWD(2)

1,2,3&4, Walk R-L, shuffle fwd on RLR, walk L-R, shuffle fwd on LRL in a counter clockwise direction.
5,6,7&8

S7. KICK-KICK-COASTER STEP (X2)

1,2,3&4 Kick R over L, kick R to R side, coaster step on RLR
5,6,7&8 Kick L over R, kick L to L side, coaster step on LRL

S8. JAZZ BOX WITH ¼ TURN R, HIP BUMPS

1,2,3,4 Cross R over L, turn ¼ R stepping L back, step R to R side, step L fwd
5,6,7,8 Bump hips R-L-R-L

Happy Dancing!

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