

# Whine Your Body Up

COPPERKNOB  
STEPSHEETS

拍數: 64                      牆數: 4                      級數: Phrased Improver  
編舞者: Ernie Yin (INA) - July 2016  
音樂: Whine Up by Kat Deluna – Naijapals



**INTRO : 32 SEQUENCE : A-A-A(16)-B-A-A-A-B-A-A(16)-B-B-B**

## **A.I ROCKING CHAIR – FORWARD – PIVOT ¼ RIGHT – CROSS**

1 2                      Step Rf Forward – Recover On Lf  
3 4                      Step Rf Back – Recover On Lf  
5 6                      Step Rf Forward – Step Lf Forward  
7 8                      Turn ¼ Right Step On Rf – Step Lf Across Rf

## **A.II STEP SIDE – HIPBUMP – TURN ½ LEFT**

1 2                      Step Rf To Side – Touch Lf Slightly Diagonal Left  
3 4                      Bump Hips Down 2x  
5 6                      Turn ¼ Left Step On Lf – Step Rf Forward  
7 8                      Turn ¼ Left Step On Lf – Close Rf Beside Lf

**\*RESTART HERE DO THE 8 COUNT AS A TAP SO WEIGHT IS ON LF**

## **A.III CHARLESTON STEP – CROSS TOUCH 2X**

1 2                      Step Lf Forward – Touch Rf Forward  
3 4                      Step Rf Back – Touch Lf Back  
5 6                      Step Lf Across Rf – Touch Rf To Side  
7 8                      Step Rf Across Lf – Touch Lf To Side

## **A.IV ROLLING VINE – JAZZ BOX STEP**

1 2                      Turn ¼ Left Step On Lf – Turn ½ Left Step Rf Back  
3 4                      Turn ¼ Left Step Lf To Side – Touch Rf To Side  
5 6                      Step Rf Across Lf – Step Lf Back  
7 8                      Step Lf To Side – Step Lf Forward

## **B.I BOTAFOGO 2X – PIVOT ½ LEFT – FORWARD SHUFFLE**

1 & 2                      Step Rf Across Lf – Step/Ball Lf To Side – Recover On Rf  
3 & 4                      Step Lf Across Rf – Step/Ball Rf To Side – Recover On Lf  
5 6                      Step Rf Forward – Turn ½ Left Step On Lf  
7 & 8                      Step Rf Forward – Lock Lf Behind Rf – Step Rf Forward

## **B.II BOTAFOGO 2X – PIVOT ¼ RIGHT – CROSS SHUFFLE**

1 & 2                      Step Lf Across Rf – Step/Ball Rf To Side – Recover On Lf  
3 & 4                      Step Rf Across Lf – Step/Ball Lf To Side – Recover On Rf  
5 6                      Step Lf Forward – Turn ¼ Right Step On Rf  
7 & 8                      Step Lf Across Rf – Lock Rf Behind Lf – Step Lf Across Rf

## **B.III SIDE TOUCH WITH HIP ROLL – KICK BALL CROSS – PIVOT ¼ LEFT**

1 2                      Step Rf To Side – Touch Lf To Slightly Diagonal Left  
3 4                      Step Lf To Side – Touch Rf To Slightly Diagonal Right  
( Option: On Count 1-4 Can Do Hip Roll When Step To Side And Touch )  
5 & 6                      Kick Rf To Diagonal Right – Step Rf Beside Lf – Step Lf Across Rf  
7 8                      Step Rf To Side – Turn ¼ Left Step On Lf

## **B. IV FORWARD HIPBUMP 2X – PIVOT ½ LEFT – WALK**

1 & 2                      Touch Rf Forward Bump Hips Up – Bump Hips Down – Step On Rf Forward

3 & 4            Touch Lf Forward Bump Hips Up – Bump Hips Down – Step On Lf Forward  
5 6              Step Rf Forward – Turn ½ Left Step On Lf  
7 8              Step Rf Forward – Step Lf Forward

**Enjoy The Dance ... And Happy Dancing...**

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