

AB Five

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Absolute Beginner
編舞者: Norman Gifford (USA) - September 2016
音樂: Any good 4 Beat straight rhythm music



(Mambo steps forward-back with pauses)

1-4 Right rock forward; left replace; right together; pause
5-8 Left rock back; right replace; left together; pause

(Side mambo steps with pauses)

1-4 Right rock side; left replace; right together; pause
5-8 Left rock side; right replace; left together; pause

(Charleston step)

1-4 Right step forward; left kick; left replace; right touch back
5-8 Right step forward; left kick; left replace; right touch back

(Mambo ¼ turn right, pause, run- run- run turning ¼ right, pause)

1-4 Right rock forward; left replace; right step side turning ¼ right; pause [3:00]
5-8 Running steps turning ¼ right (LRL); pause [6:00]

BEGIN AGAIN

Contact: nlgifford@yahoo.com
