Write This Down (AB)

拍數: 32

級數: Absolute Beginner

編舞者: Ann-Kristin Sandberg (NOR) - September 2016

音樂: Write This Down - George Strait : (iTunes)

INTRO : 32 counts....Start dancing on vocals..(I never saw the) end in sight.

WALK FORW x3-KICK-WALK BACKWx3-TOUCH

- 1-2 Step R foot forw, Step L foot forw
- 3-4 Step R foot forw, Kick L foot forw
- 5-6 Step L foot back, Step R foot back
- 7-8 Step L foot back, Touch R next to L

SIDE-BEHIND-SIDE-TOGETHER-TWIST HEELS

- 1-2 Step R foot to R side, Cross L foot behind R
- 3-4 Step R foot to R side, Step L foot next to R
- 5-6 Twist both heels to R, Twist both heels back to center
- 7-8 Twist both heels to R, Twist both heels back to center

SIDE-BEHIND-1/4 TURN L-TOGETHER-TWIST HEELS

- 1-2 Step L foot to L side, Cross R foot behind L
- 3-4 1/4 turn L stepping L foot forw (F09), Step R next to L
- 5-6 Twist both heels to R, Twist both heels back to center
- 7-8 Twist both heels to R, Twist both heels back to center

FORW-SCUFF-FORW-SCUFF-BACK-TOUCH-BACK-TOUCH

- 1-2 Step R foot forw, Scuff L foot forw
- 3-4 Step L foot forw, Scuff R foot forw
- 5-6 Step R foot back, Touch L next to R
- 7-8 Step L foot back, Touch R next to L

START AGAIN!

HAPPY DANCING!!

OPTION: You can also do the dance with a Restart on wall 5 Facing 09 after 24 counts.

Last Update - 3rd Nov 2016





牆數:4