

Forget You

COPPERKNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Newcomer / Improver - ECS
編舞者: Martine Canonne (FR) - September 2016
音樂: Forget You - CeeLo Green : (Album: The Lady Killer - 2010)



Start : 16 counts

[1 – 8] □ TRIPLE SIDE R, ROCK BACK, TRIPLE SIDE L, ROCK BACK

1 & 2 Step RF to right side, step LF next to RF, step RF to right side
3 – 4 Step LF back, recover RF
5 & 6 Step LF to left side, step RF next to LF, step LF to left side
7 – 8 Step RF back, recover LF

[9 – 16] □ STEP, KICK, ¼ TURN LEFT, POINT, ¼ TURN RIGHT, KICK, ½ TURN TRIPLE LEFT

1 – 2 Step RF forward, kick LF forward
3 – 4 ¼ turn left stepping LF to left side, touch RF to right side (09:00)
5 – 6 ¼ turn right stepping RF forward, kick LF forward (12:00)
7 & 8 ¼ turn left stepping LF to left side, step RF next to LF, ¼ turn left stepping LF forward (06:00)

[17 – 24] JUMP FORWARD, CLAP, JUMP FORWARD, CLAP, BACK-TOUCH (X4)

&1 – 2 Jump RF & LF forward (&1), claps your hands(2) (weight on left)
&3 – 4 Jump RF & LF forward (&3), claps your hands (4) (weight on left)
&5&6 Back RF slightly diagonal R, touch LF next to RF, back LF slightly diagonal L, touch RF next to LF
&7&8 Back RF slightly diagonal R, touch LF next to RF, back LF slightly diagonal L, touch RF next to LF

[25 – 32] KICK BALL CROSS (X2), SIDE RIGHT, PIVOT ¼ TURN LEFT (X3)

1 & 2 Kick right slightly diagonal R, step ball RF behind to LF, cross LF over right
3 & 4 Kick right slightly diagonal R, step ball RF behind to LF, cross LF over right
5 – 6 Step RF to right side, ¼ turn left stepping LF to left side
7 – 8 ¼ turn left stepping RF to right side, ¼ turn left stepping LF to left side (09:00)

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