

Recovering

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Nathan Gardiner (SCO) - September 2016
音樂: Recovering - Céline Dion



Intro: 18 counts

(1-12) Cross, Sweep, Cross, Side, Behind, Side, Drag, $\frac{1}{4}$ R, $\frac{1}{2}$ R, $\frac{1}{4}$ R

1-2-3 Cross L over R, Sweep R from back to front for 2 counts
4-5-6 Cross R over L, Step L to L side, Step R behind L
1-2-3 Step L to L side, Drag R towards L for 2 counts
4-5-6 $\frac{1}{4}$ R stepping forward on R, $\frac{1}{2}$ R stepping back on L, $\frac{1}{4}$ R stepping R to R side

(13-24) L Twinkle, Cross, Side, Behind, $\frac{1}{4}$ L, $\frac{1}{4}$ L with sweep, Cross, Side, Behind

1-2-3 Cross L over R, Step R to R side, Step L next to R
4-5-6 Cross R over L, Step L to L side, Step R behind L
1-2-3 $\frac{1}{4}$ L stepping forward on L, $\frac{1}{4}$ L sweeping R from back to front for 2 counts
4-5-6 Cross R over L, Step L to L side, Step R behind L

(25-36) Sway L, Drag, Sway R, L, R, Behind, Side Rock, Recover, Sailor $\frac{1}{2}$ R

1-2-3 Step L to L side swaying upper body to L side, Drag R towards L for 2 counts
4-5-6 Step R to R side swaying upper body to R side, Sway upper body to L side, Sway upper body to R side
1-2-3 Step L behind R, Rock out to R side, Recover on L
4-5-6 Step R behind L, $\frac{1}{2}$ R stepping L to L side, Step R to R side

(37-48) Step Forward, Point, Hold, Step Back, Rock Back, Recover, Diamond $\frac{1}{2}$ L

1-2-3 Step forward on L, Point R to R side, Hold
4-5-6 Step back on R, Rock back on L, Recover on R
1-2-3 Cross L over R, Step R to L side, $\frac{1}{8}$ L stepping back on L
4-5-6 Step R behind L, $\frac{3}{8}$ L stepping forward on L, Step forward on R

Tag 1: End of wall 3

(1-12) Cross, Point, Hold, Sailor $\frac{1}{2}$ R, L Twinkle, Cross, Side Rock, Recover

1-2-3 Cross L over R, Point R to R side, Hold
4-5-6 Step R behind L, $\frac{1}{2}$ R stepping L to L side, Step R to R side
1-2-3 Cross L over R, Step R to R side, Step L next to R
4-5-6 Cross R over L, Rock out to L side, Recover on R

Tag 2: End of wall 7

Cross, Sweep, Cross, Sweep

1-2-3 Cross L over R, Sweep R from back to front
4-5-6 Cross R over L, Sweep L from back to front

Contact: nathan.gardiner1998@hotmail.co.uk