

Bridge Over Troubled Water

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Intermediate NC2S
編舞者: Christina Yang (KOR) - September 2016
音樂: Bridge Over Troubled Water by Josh Groban & Brian McKnight



Start the dance after 16 counts

SECTION 1: SIDE, 1/4 TURN TO L WITH FOOT CHANGE, FORWARD, FORWARD, 1/4 TURN TO L WITH PIVOT, CROSS, SIDE, 1/2 TURN TO R WITH SPIRAL, SIDE ROCK, RECOVER AND 1/2 TURN TO L WITH DRAG

1-2& RF side, 1/4 turn to L with LF closed RF and weight change, RF forward
3-4& LF forward, RF forward, 1/4 turn to L with weight change to LF
5-6& RF cross over LF, LF side and 1/2 turn to R with RF spiral
7-8 RF side rock, LF recover and 1/2 turn to L with RF drag to LF

SECTION 2: NC2S SIDE BASIC, SIDE, 1/2 TURN TO R WITH SAILOR TURN, FORWARD ROCK, RECOVER, 1/4 TURN TO L WITH SIDE ROCK, RECOVER

1-2& RF side, LF cross rock behind RF, RF recover
3-4&5 LF side, 1/2 turn to R with RF sweep from front to back, LF closed RF, RF forward
6& LF forward Rock, RF recover
7-8 1/4 turn to L with LF side rock, RF recover (Note: You move one your arm at a beat in the same direction with foot direction as making a semicircle)

SECTION 3: 1/2 TURN TO L WITH SWEEP (WEIGHT ON LF), CROSS CHASSE, 1/4 TURN TO R WITH BACK, SIDE, CROSS, SIDE AND 1/4 TURN TO L WITH SWEEP, CROSS, SIDE, CROSS CHASSE AND SWEEP

1-2&3 Weight change to LF and 1/2 turn to L with RF sweep from back to front, RF cross over LF, LF slightly step, RF cross over LF
&4&5 1/4 turn to R with LF backward, RF side, LF cross over RF, RF side and 1/4 turn to L with LF sweep from front to back
6&7&8 LF cross behind RF, RF side, LF cross over RF, RF slightly side, LF cross over RF and RF sweep from back to front

SECTION 4: 1/4 TURN TO R WITH JAZZ BOX, CROSS, RUMBA BOX, COASTER, (FORWARD x 2)

1&2& RF cross over LF, 1/4 turn to R with LF backward, RF side, LF cross over RF
3&4 RF side, LF closed RF and weight change to LF, RF forward
5&6 LF side, RF closed LF and weight change to RF, LF backward
7&8& RF backward, LF closed RF, RF forward, LF forward

* STARTING 2ND WALL, 1/4 TURN TO L AND START AGAIN

RESTARTS:-

On the 3rd wall, you should dance until 24 counts and 1/4 turn to L and start again.

On the 7th wall, you should dance until 8 counts and start again without change of direction

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<http://www.youtube.com/user/thetrianglelinedance>

<https://www.facebook.com/christina.yang.148553..>